



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Kneisel, Thomas

Club: PSV Bernburg

Number: 364

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:49:45

Speed: 7.07 km/h

Running performance: 8:29 min/km

Rank in course/Total: 523 (of 528)

Rank in course/Men: 388 (of 390)

Best time in course: 1:09:23

Rank in category: 65(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:18:01	7:48	65	41:36	389	42:30	10.00	1:18:01	7:48	65	41:36	389	42:30
Last lap Finish	10.00	1:31:44	9:10	65	57:28	388	57:52	20.00	2:49:45	8:29	65	1:39:04	388	1:40:22