



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Heller, Maik

Total time: 1:23:44

Number: 261

Speed: 14.33 km/h

Running performance: 4:11 min/km

Course: 20.00 km

Rank in course/Total: 30 (of 528)

20km Strecke

Rank in course/Men: 29 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 13(of 60)

Senioren M30 (30-34 Jahre)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	43:16	4:19	14	6:09	31	7:45	10.00	43:16	4:19	14	6:09	31	7:45
Last lap Finish	10.00	40:28	4:02	11	4:21	25	6:36	20.00	1:23:44	4:11	13	10:30	29	14:21