



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## Detailed evaluation

**SPERLICH, Jens**

Club: Fristads Kansas Running Team  
Number: 102

Course: 161.70 km  
100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 16:32:18

Speed: 9.73 km/h

Running performance: 6:08 min/km

Rank in course/Total: 44 (of 459)

Rank in course/Men: 13 (of 302)

Best time in course: 13:39:56

Rank in category: 2(of 85)

Best time in the category: 15:47:54

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	37:23	5:23	8	3:59	30	6:22	6.94	37:23	5:23	8	3:59	30	6:22
VP2 - Laufftreff Li	5.69	32:01	5:37	9	4:46	33	7:56	12.63	1:09:24	5:29	8	8:45	30	14:18
VP3 - Oranienbur	5.74	30:28	5:18	8	4:39	33	6:22	18.37	1:39:52	5:26	9	13:24	31	20:40
VP4 - Naturschut	4.70	28:09	5:59	4	3:02	27	5:43	23.07	2:08:01	5:32	8	16:26	28	26:23
VP5 - Frohnau	6.80	36:55	5:25	5	3:41	26	8:00	29.87	2:44:56	5:31	7	19:08	27	34:23
VP6 - Ruderclub	4.06	23:17	5:44	5	1:48	26	5:10	33.93	3:08:13	5:32	7	20:56	27	39:30
VP7 - Grenzturm	4.75	26:48	5:38	5	2:44	28	5:05	38.68	3:35:01	5:33	7	23:40	28	44:35
VP8 - Schönwald	7.52	42:20	5:37	5	2:53	22	6:30	46.20	4:17:21	5:34	7	25:41	28	50:41
VP9 - Falkenseer	5.76	33:46	5:51	3	1:22	20	5:26	51.96	4:51:07	5:36	5	26:58	28	55:39
VP10 - Karolinenl	6.54	37:32	5:44	5	2:28	21	5:20	58.50	5:28:39	5:37	5	28:29	24	1:00:59
VP11 - Pagel & Fi	4.90	29:43	6:03	6	1:49	26	6:40	63.40	5:58:22	5:39	5	30:18	25	1:07:39
VP12 - Schloss S	7.62	46:08	6:03	4	2:37	19	9:15	71.02	6:44:30	5:41	5	29:30	22	1:16:54
VP13 - Revierförs	6.21	36:24	5:51	3	0:39	17	7:34	77.23	7:20:54	5:42	4	27:54	21	1:24:28
VP14 - Brauhaus	6.00	33:30	5:34	3	0:29	16	4:57	83.23	7:54:24	5:41	4	27:19	20	1:29:25
VP15 - Gedenkst.	6.90	40:23	5:51	4	0:49	19	7:28	90.13	8:34:47	5:42	4	27:38	20	1:36:53
VP16 - Königswe	6.87	43:21	6:18	2	1:42	10	8:36	97.00	9:18:08	5:45	4	25:38	20	1:45:29
VP17 - Sportplatz	6.20	48:51	7:52	9	11:04	31	15:06	103.20	10:06:59	5:52	4	31:50	20	2:00:35
VP18 - Osdorfer	6.50	45:23	6:58	8	7:34	31	10:56	109.70	10:52:22	5:56	4	34:18	20	2:09:14
VP19 - Lichtenra	5.70	37:54	6:38	1	-	7	3:44	115.40	11:30:16	5:58	4	29:09	19	2:11:11
VP20 - Kirchhain	4.37	21:51	5:00	1	-	5	3:01	119.77	11:52:07	5:56	4	28:00	19	2:14:12
VP21 - Buckow	6.43	35:04	5:27	1	-	4	1:28	126.20	12:27:11	5:55	3	25:24	17	2:15:40
VP22 - Rudow	4.90	31:23	6:24	2	1:10	11	5:24	131.10	12:58:34	5:56	3	26:34	17	2:21:04
VP23 - Johannistl	5.90	35:47	6:03	2	0:45	8	4:12	137.00	13:34:21	5:56	2	27:19	14	2:25:16
VP24 - Dammwe	5.70	37:01	6:29	2	2:45	12	5:50	142.70	14:11:22	5:57	2	30:04	14	2:30:37
VP25 - East Side	5.80	43:17	7:27	2	2:46	11	6:20	148.50	14:54:39	6:01	2	32:50	14	2:34:26
VP26 - Checkpoir	5.28	31:54	6:02	6	6:51	21	10:21	153.78	15:26:33	6:01	2	39:41	14	2:42:17
VP27 - Gedenkst.	3.32	33:37	10:07	7	6:09	28	9:00	157.10	16:00:10	6:06	2	41:49	13	2:49:07
Friedrich-Ludwig	4.60	32:08	6:59	6	2:39	23	7:56	161.70	16:32:18	6:08	2	44:24	13	2:52:22