



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## Detailed evaluation

**KOHLMETZ, Maik**

Club: :anlauf siegen

Number: 104

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 22:52:47

Speed: 7.04 km/h

Running performance: 8:29 min/km

Rank in course/Total: 197 (of 459)

Rank in course/Men: 111 (of 302)

Best time in course: 13:39:56

Rank in category: 24(of 58)

Best time in the category: 15:32:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	44:20	6:23	23	10:54	122	13:19	6.94	44:20	6:23	23	10:54	122	13:19
VP2 - Laufftreff Li	5.69	37:49	6:38	28	10:08	136	13:44	12.63	1:22:09	6:30	25	21:02	131	27:03
VP3 - Oranienbur	5.74	36:06	6:17	29	8:57	134	12:00	18.37	1:58:15	6:26	27	29:59	135	39:03
VP4 - Naturschut	4.70	34:19	7:18	26	8:57	136	11:53	23.07	2:32:34	6:36	27	38:56	134	50:56
VP5 - Frohnau	6.80	44:07	6:29	24	10:19	128	15:12	29.87	3:16:41	6:35	26	49:15	131	1:06:08
VP6 - Ruderclub	4.06	29:23	7:14	25	7:59	108	11:16	33.93	3:46:04	6:39	26	56:30	123	1:17:21
VP7 - Grenzturm	4.75	32:49	6:54	29	8:41	129	11:06	38.68	4:18:53	6:41	28	1:04:52	124	1:28:27
VP8 - Schönwald	7.52	51:18	6:49	30	12:07	135	15:28	46.20	5:10:11	6:42	26	1:13:09	122	1:43:31
VP9 - Falkenseer	5.76	44:43	7:45	26	13:20	129	16:23	51.96	5:54:54	6:49	25	1:26:17	121	1:59:26
VP10 - Karolinenl	6.54	50:43	7:45	31	16:02	132	18:31	58.50	6:45:37	6:56	27	1:39:57	126	2:17:57
VP11 - Pagel & Fi	4.90	38:31	7:51	27	11:35	131	15:28	63.40	7:24:08	7:00	29	1:49:34	129	2:33:25
VP12 - Schloss S	7.62	59:11	7:46	17	18:08	83	22:18	71.02	8:23:19	7:05	25	2:04:54	114	2:55:43
VP13 - Revierförs	6.21	47:24	7:37	19	12:08	103	18:34	77.23	9:10:43	7:07	24	2:16:44	111	3:14:17
VP14 - Brauhaus	6.00	48:15	8:02	31	15:55	137	19:42	83.23	9:58:58	7:11	24	2:28:04	113	3:33:59
VP15 - Gedenkst.	6.90	52:46	7:38	21	14:28	110	19:51	90.13	10:51:44	7:13	24	2:42:09	113	3:53:50
VP16 - Königswe	6.87	1:05:02	9:27	30	21:35	140	30:17	97.00	11:56:46	7:23	23	3:02:29	112	4:24:07
VP17 - Sportplatz	6.20	52:13	8:25	11	14:22	44	18:28	103.20	12:48:59	7:27	19	3:16:51	104	4:42:35
VP18 - Osdorfer	6.50	1:07:25	10:22	38	29:32	167	32:58	109.70	13:56:24	7:37	23	3:46:23	108	5:13:16
VP19 - Lichtenra	5.70	57:50	10:08	29	18:25	141	23:40	115.40	14:54:14	7:44	22	4:04:48	107	5:35:09
VP20 - Kirchhain	4.37	34:45	7:57	18	10:57	84	15:55	119.77	15:28:59	7:45	23	4:15:45	108	5:51:04
VP21 - Buckow	6.43	57:53	9:00	26	21:26	119	24:17	126.20	16:26:52	7:49	22	4:37:11	105	6:15:21
VP22 - Rudow	4.90	45:31	9:17	19	15:28	95	19:32	131.10	17:12:23	7:52	22	4:52:39	101	6:34:53
VP23 - Johannistl	5.90	55:52	9:28	23	20:30	95	24:17	137.00	18:08:15	7:56	22	5:13:09	102	6:59:10
VP24 - Dammwe	5.70	1:02:36	10:58	31	27:38	141	31:25	142.70	19:10:51	8:03	22	5:40:47	104	7:30:06
VP25 - East Side	5.80	1:13:58	12:45	35	34:20	157	37:01	148.50	20:24:49	8:14	23	6:15:07	106	8:04:36
VP26 - Checkpoir	5.28	45:27	8:36	34	20:35	147	23:54	153.78	21:10:16	8:15	22	6:35:42	106	8:26:00
VP27 - Gedenkst.	3.32	52:00	15:39	36	25:30	158	27:23	157.10	22:02:16	8:25	24	7:01:12	107	8:51:13
Friedrich-Ludwig	4.60	50:31	10:58	37	22:46	152	26:19	161.70	22:52:47	8:29	24	7:19:51	111	9:12:51