



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## Detailed evaluation

**KRÖGER, Oliver**

Club: (ohne)

Number: 130

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 20:57:14

Speed: 7.68 km/h

Running performance: 7:46 min/km

Rank in course/Total: 140 (of 459)

Rank in course/Men: 68 (of 302)

Best time in course: 13:39:56

Rank in category: 25(of 85)

Best time in the category: 15:47:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	47:36	6:51	55	14:12	168	16:35	6.94	47:36	6:51	55	14:12	168	16:35
VP2 - Laufftreff Li	5.69	39:26	6:55	55	12:11	167	15:21	12.63	1:27:02	6:53	53	26:23	163	31:56
VP3 - Oranienbur	5.74	37:06	6:27	57	11:17	157	13:00	18.37	2:04:08	6:45	55	37:40	159	44:56
VP4 - Naturschut	4.70	34:01	7:14	45	8:54	129	11:35	23.07	2:38:09	6:51	54	46:34	155	56:31
VP5 - Frohnau	6.80	45:02	6:37	51	11:48	145	16:07	29.87	3:23:11	6:48	54	57:23	154	1:12:38
VP6 - Ruderclub	4.06	28:43	7:04	30	7:14	95	10:36	33.93	3:51:54	6:50	50	1:04:37	141	1:23:11
VP7 - Grenzturm	4.75	33:16	7:00	49	9:12	139	11:33	38.68	4:25:10	6:51	49	1:13:49	143	1:34:44
VP8 - Schönwald	7.52	54:40	7:16	56	15:13	175	18:50	46.20	5:19:50	6:55	49	1:28:10	141	1:53:10
VP9 - Falkenseer	5.76	42:47	7:25	33	10:23	102	14:27	51.96	6:02:37	6:58	48	1:38:28	141	2:07:09
VP10 - Karolinenl	6.54	49:46	7:36	39	14:42	125	17:34	58.50	6:52:23	7:02	48	1:52:13	140	2:24:43
VP11 - Pagel & Fi	4.90	36:36	7:28	36	8:42	103	13:33	63.40	7:28:59	7:04	45	2:00:55	136	2:38:16
VP12 - Schloss S	7.62	58:15	7:38	30	14:44	80	21:22	71.02	8:27:14	7:08	41	2:12:14	119	2:59:38
VP13 - Revierförs	6.21	47:20	7:37	37	11:35	100	18:30	77.23	9:14:34	7:10	41	2:21:34	119	3:18:08
VP14 - Brauhaus	6.00	42:25	7:04	31	9:24	83	13:52	83.23	9:56:59	7:10	38	2:29:54	107	3:32:00
VP15 - Gedenkst.	6.90	48:27	7:01	27	8:53	68	15:32	90.13	10:45:26	7:09	37	2:38:17	103	3:47:32
VP16 - Königswe	6.87	56:31	8:13	28	14:52	79	21:46	97.00	11:41:57	7:14	36	2:49:27	98	4:09:18
VP17 - Sportplatz	6.20	54:57	8:51	16	17:10	56	21:12	103.20	12:36:54	7:20	35	3:01:45	97	4:30:30
VP18 - Osdorfer	6.50	54:24	8:22	31	16:35	97	19:57	109.70	13:31:18	7:23	32	3:13:14	91	4:48:10
VP19 - Lichtenra	5.70	52:14	9:09	28	14:20	81	18:04	115.40	14:23:32	7:28	31	3:22:25	88	5:04:27
VP20 - Kirchhain	4.37	34:16	7:50	29	12:25	80	15:26	119.77	14:57:48	7:29	31	3:33:41	87	5:19:53
VP21 - Buckow	6.43	57:12	8:53	34	22:08	111	23:36	126.20	15:55:00	7:34	32	3:53:13	92	5:43:29
VP22 - Rudow	4.90	47:30	9:41	41	17:17	122	21:31	131.10	16:42:30	7:38	32	4:10:30	90	6:05:00
VP23 - Johannistl	5.90	52:46	8:56	24	17:44	68	21:11	137.00	17:35:16	7:42	31	4:28:14	87	6:26:11
VP24 - Dammwe	5.70	44:10	7:44	8	9:54	28	12:59	142.70	18:19:26	7:42	30	4:38:08	81	6:38:41
VP25 - East Side	5.80	53:48	9:16	12	13:17	38	16:51	148.50	19:13:14	7:45	30	4:51:25	78	6:53:01
VP26 - Checkpoir	5.28	31:45	6:00	5	6:42	20	10:12	153.78	19:44:59	7:42	27	4:58:07	73	7:00:43
VP27 - Gedenkst.	3.32	40:15	12:07	19	12:47	59	15:38	157.10	20:25:14	7:47	26	5:06:53	72	7:14:11
Friedrich-Ludwig	4.60	32:00	6:57	5	2:31	22	7:48	161.70	20:57:14	7:46	25	5:09:20	68	7:17:18