



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

LOSSAU, Oliver

Club: ElbeLübeckKanalUltra

Number: 148

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 26:23:45

Speed: 6.13 km/h

Running performance: 9:47 min/km

Rank in course/Total: 277 (of 459)

Rank in course/Men: 169 (of 302)

Best time in course: 13:39:56

Rank in category: 53(of 85)

Best time in the category: 15:47:54

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|---------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - Wilhelmsru | 6.94 | 47:06 | 6:47 | 53 | 13:42 | 158 | 16:05 | 6.94 | 47:06 | 6:47 | 53 | 13:42 | 158 | 16:05 |
| VP2 - Laufftreff Li | 5.69 | 37:58 | 6:40 | 47 | 10:43 | 138 | 13:53 | 12.63 | 1:25:04 | 6:44 | 49 | 24:25 | 145 | 29:58 |
| VP3 - Oranienbur | 5.74 | 37:00 | 6:26 | 55 | 11:11 | 151 | 12:54 | 18.37 | 2:02:04 | 6:38 | 51 | 35:36 | 145 | 42:52 |
| VP4 - Naturschut | 4.70 | 34:41 | 7:22 | 51 | 9:34 | 142 | 12:15 | 23.07 | 2:36:45 | 6:47 | 49 | 45:10 | 143 | 55:07 |
| VP5 - Frohnau | 6.80 | 43:52 | 6:27 | 47 | 10:38 | 126 | 14:57 | 29.87 | 3:20:37 | 6:42 | 50 | 54:49 | 142 | 1:10:04 |
| VP6 - Ruderclub | 4.06 | 36:42 | 9:02 | 61 | 15:13 | 202 | 18:35 | 33.93 | 3:57:19 | 6:59 | 55 | 1:10:02 | 155 | 1:28:36 |
| VP7 - Grenzturm | 4.75 | 34:14 | 7:12 | 53 | 10:10 | 157 | 12:31 | 38.68 | 4:31:33 | 7:01 | 54 | 1:20:12 | 156 | 1:41:07 |
| VP8 - Schönwald | 7.52 | 50:06 | 6:39 | 38 | 10:39 | 110 | 14:16 | 46.20 | 5:21:39 | 6:57 | 51 | 1:29:59 | 144 | 1:54:59 |
| VP9 - Falkenseer | 5.76 | 43:05 | 7:28 | 35 | 10:41 | 107 | 14:45 | 51.96 | 6:04:44 | 7:01 | 49 | 1:40:35 | 142 | 2:09:16 |
| VP10 - Karolinenl | 6.54 | 51:36 | 7:53 | 49 | 16:32 | 150 | 19:24 | 58.50 | 6:56:20 | 7:07 | 50 | 1:56:10 | 142 | 2:28:40 |
| VP11 - Pagel & Fi | 4.90 | 41:43 | 8:30 | 54 | 13:49 | 168 | 18:40 | 63.40 | 7:38:03 | 7:13 | 50 | 2:09:59 | 144 | 2:47:20 |
| VP12 - Schloss S | 7.62 | 1:23:26 | 10:56 | 71 | 39:55 | 221 | 46:33 | 71.02 | 9:01:29 | 7:37 | 57 | 2:46:29 | 167 | 3:33:53 |
| VP13 - Revierförs | 6.21 | 53:26 | 8:36 | 58 | 17:41 | 169 | 24:36 | 77.23 | 9:54:55 | 7:42 | 56 | 3:01:55 | 166 | 3:58:29 |
| VP14 - Brauhaus | 6.00 | 47:01 | 7:50 | 42 | 14:00 | 120 | 18:28 | 83.23 | 10:41:56 | 7:42 | 55 | 3:14:51 | 159 | 4:16:57 |
| VP15 - Gedenkst. | 6.90 | 1:00:22 | 8:44 | 63 | 20:48 | 178 | 27:27 | 90.13 | 11:42:18 | 7:47 | 56 | 3:35:09 | 164 | 4:44:24 |
| VP16 - Königswe | 6.87 | 1:07:13 | 9:47 | 49 | 25:34 | 155 | 32:28 | 97.00 | 12:49:31 | 7:55 | 55 | 3:57:01 | 163 | 5:16:52 |
| VP17 - Sportplatz | 6.20 | 1:52:14 | 18:06 | 64 | 1:14:27 | 224 | 1:18:29 | 103.20 | 14:41:45 | 8:32 | 57 | 5:06:36 | 176 | 6:35:21 |
| VP18 - Osdorfer | 6.50 | 1:02:00 | 9:32 | 47 | 24:11 | 148 | 27:33 | 109.70 | 15:43:45 | 8:36 | 57 | 5:25:41 | 178 | 7:00:37 |
| VP19 - Lichtenra | 5.70 | 58:16 | 10:13 | 50 | 20:22 | 144 | 24:06 | 115.40 | 16:42:01 | 8:40 | 57 | 5:40:54 | 175 | 7:22:56 |
| VP20 - Kirchhain | 4.37 | 47:54 | 10:57 | 60 | 26:03 | 186 | 29:04 | 119.77 | 17:29:55 | 8:45 | 57 | 6:05:48 | 175 | 7:52:00 |
| VP21 - Buckow | 6.43 | 1:09:48 | 10:51 | 56 | 34:44 | 171 | 36:12 | 126.20 | 18:39:43 | 8:52 | 56 | 6:37:56 | 174 | 8:28:12 |
| VP22 - Rudow | 4.90 | 48:36 | 9:55 | 44 | 18:23 | 130 | 22:37 | 131.10 | 19:28:19 | 8:54 | 56 | 6:56:19 | 172 | 8:50:49 |
| VP23 - Johannistl | 5.90 | 54:23 | 9:13 | 29 | 19:21 | 84 | 22:48 | 137.00 | 20:22:42 | 8:55 | 55 | 7:15:40 | 168 | 9:13:37 |
| VP24 - Dammwe | 5.70 | 1:07:16 | 11:48 | 50 | 33:00 | 166 | 36:05 | 142.70 | 21:29:58 | 9:02 | 52 | 7:48:40 | 163 | 9:49:13 |
| VP25 - East Side | 5.80 | 1:50:25 | 19:02 | 61 | 1:09:54 | 217 | 1:13:28 | 148.50 | 23:20:23 | 9:25 | 53 | 8:58:34 | 167 | 11:00:10 |
| VP26 - Checkpoir | 5.28 | 1:00:49 | 11:31 | 60 | 35:46 | 208 | 39:16 | 153.78 | 24:21:12 | 9:30 | 53 | 9:34:20 | 168 | 11:36:56 |
| VP27 - Gedenkst. | 3.32 | 1:04:52 | 19:32 | 58 | 37:24 | 207 | 40:15 | 157.10 | 25:26:04 | 9:42 | 53 | 10:07:43 | 168 | 12:15:01 |
| Friedrich-Ludwig | 4.60 | 57:41 | 12:32 | 55 | 28:12 | 185 | 33:29 | 161.70 | 26:23:45 | 9:47 | 53 | 10:35:51 | 169 | 12:43:49 |