



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## Detailed evaluation

**LOSSAU, Oliver**

Club: ElbeLübeckKanalUltra

Number: 148

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 26:23:45

Speed: 6.10 km/h

Running performance: 9:47 min/km

Rank in course/Total: 277 (of 459)

Rank in course/Men: 169 (of 302)

Best time in course: 13:39:56

Rank in category: 53(of 85)

Best time in the category: 15:47:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	47:06	6:47	53	13:42	158	16:05	6.94	47:06	6:47	53	13:42	158	16:05
VP2 - Laufftreff Li	5.69	37:58	6:40	47	10:43	138	13:53	12.63	1:25:04	6:44	49	24:25	145	29:58
VP3 - Oranienbur	5.74	37:00	6:26	55	11:11	151	12:54	18.37	2:02:04	6:38	51	35:36	145	42:52
VP4 - Naturschut	4.70	34:41	7:22	51	9:34	142	12:15	23.07	2:36:45	6:47	49	45:10	143	55:07
VP5 - Frohnau	6.80	43:52	6:27	47	10:38	126	14:57	29.87	3:20:37	6:42	50	54:49	142	1:10:04
VP6 - Ruderclub	4.06	36:42	9:02	61	15:13	202	18:35	33.93	3:57:19	6:59	55	1:10:02	155	1:28:36
VP7 - Grenzturm	4.75	34:14	7:12	53	10:10	157	12:31	38.68	4:31:33	7:01	54	1:20:12	156	1:41:07
VP8 - Schönwald	7.52	50:06	6:39	38	10:39	110	14:16	46.20	5:21:39	6:57	51	1:29:59	144	1:54:59
VP9 - Falkenseer	5.76	43:05	7:28	35	10:41	107	14:45	51.96	6:04:44	7:01	49	1:40:35	142	2:09:16
VP10 - Karolinenl	6.54	51:36	7:53	49	16:32	150	19:24	58.50	6:56:20	7:07	50	1:56:10	142	2:28:40
VP11 - Pagel & Fi	4.90	41:43	8:30	54	13:49	168	18:40	63.40	7:38:03	7:13	50	2:09:59	144	2:47:20
VP12 - Schloss S	7.62	1:23:26	10:56	71	39:55	221	46:33	71.02	9:01:29	7:37	57	2:46:29	167	3:33:53
VP13 - Revierförs	6.21	53:26	8:36	58	17:41	169	24:36	77.23	9:54:55	7:42	56	3:01:55	166	3:58:29
VP14 - Brauhaus	6.00	47:01	7:50	42	14:00	120	18:28	83.23	10:41:56	7:42	55	3:14:51	159	4:16:57
VP15 - Gedenkst.	6.90	1:00:22	8:44	63	20:48	178	27:27	90.13	11:42:18	7:47	56	3:35:09	164	4:44:24
VP16 - Königswe	6.87	1:07:13	9:47	49	25:34	155	32:28	97.00	12:49:31	7:55	55	3:57:01	163	5:16:52
VP17 - Sportplatz	6.20	1:52:14	18:06	64	1:14:27	224	1:18:29	103.20	14:41:45	8:32	57	5:06:36	176	6:35:21
VP18 - Osdorfer	6.50	1:02:00	9:32	47	24:11	148	27:33	109.70	15:43:45	8:36	57	5:25:41	178	7:00:37
VP19 - Lichtenra	5.70	58:16	10:13	50	20:22	144	24:06	115.40	16:42:01	8:40	57	5:40:54	175	7:22:56
VP20 - Kirchhain	4.37	47:54	10:57	60	26:03	186	29:04	119.77	17:29:55	8:45	57	6:05:48	175	7:52:00
VP21 - Buckow	6.43	1:09:48	10:51	56	34:44	171	36:12	126.20	18:39:43	8:52	56	6:37:56	174	8:28:12
VP22 - Rudow	4.90	48:36	9:55	44	18:23	130	22:37	131.10	19:28:19	8:54	56	6:56:19	172	8:50:49
VP23 - Johannistl	5.90	54:23	9:13	29	19:21	84	22:48	137.00	20:22:42	8:55	55	7:15:40	168	9:13:37
VP24 - Dammwe	5.70	1:07:16	11:48	50	33:00	166	36:05	142.70	21:29:58	9:02	52	7:48:40	163	9:49:13
VP25 - East Side	5.80	1:50:25	19:02	61	1:09:54	217	1:13:28	148.50	23:20:23	9:25	53	8:58:34	167	11:00:10
VP26 - Checkpoir	5.28	1:00:49	11:31	60	35:46	208	39:16	153.78	24:21:12	9:30	53	9:34:20	168	11:36:56
VP27 - Gedenkst.	3.32	1:04:52	19:32	58	37:24	207	40:15	157.10	25:26:04	9:42	53	10:07:43	168	12:15:01
Friedrich-Ludwig	4.60	57:41	12:32	55	28:12	185	33:29	161.70	26:23:45	9:47	53	10:35:51	169	12:43:49