



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

URBANIAK, Andreas

Club: LG Mauerweg Berlin e.V.

Number: 154

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M35 (35-39 Jahre)

Total time: 16:51:33

Speed: 9.55 km/h

Running performance: 6:15 min/km

Rank in course/Total: 54 (of 459)

Rank in course/Men: 18 (of 302)

Best time in course: 13:39:56

Rank in category: 5(of 31)

Best time in the category: 14:42:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	42:31	6:07	16	10:40	96	11:30	6.94	42:31	6:07	16	10:40	96	11:30
VP2 - Laufftreff Li	5.69	34:44	6:06	11	8:41	70	10:39	12.63	1:17:15	6:06	12	18:07	77	22:09
VP3 - Oranienbur	5.74	29:08	5:04	7	3:44	22	5:02	18.37	1:46:23	5:47	9	21:16	48	27:11
VP4 - Naturschut	4.70	27:11	5:47	6	3:52	22	4:45	23.07	2:13:34	5:47	8	25:08	41	31:56
VP5 - Frohnau	6.80	35:51	5:16	6	6:53	22	6:56	29.87	2:49:25	5:40	6	32:01	36	38:52
VP6 - Ruderclub	4.06	22:21	5:30	4	4:14	18	4:14	33.93	3:11:46	5:39	6	36:15	34	43:03
VP7 - Grenzturm	4.75	25:29	5:21	5	3:00	17	3:46	38.68	3:37:15	5:36	6	39:15	30	46:49
VP8 - Schönwald	7.52	41:03	5:27	5	5:13	17	5:13	46.20	4:18:18	5:35	6	44:28	30	51:38
VP9 - Falkenseer	5.76	34:51	6:03	5	6:31	30	6:31	51.96	4:53:09	5:38	7	50:59	32	57:41
VP10 - Karolinenl	6.54	36:18	5:33	4	3:34	9	4:06	58.50	5:29:27	5:37	6	54:30	28	1:01:47
VP11 - Pagel & Fi	4.90	26:23	5:23	4	1:19	6	3:20	63.40	5:55:50	5:36	5	55:18	20	1:05:07
VP12 - Schloss S	7.62	40:47	5:21	2	0:59	5	3:54	71.02	6:36:37	5:35	5	50:35	19	1:09:01
VP13 - Revierförs	6.21	35:10	5:39	5	2:41	9	6:20	77.23	7:11:47	5:35	5	53:16	18	1:15:21
VP14 - Brauhaus	6.00	32:20	5:23	4	2:41	8	3:47	83.23	7:44:07	5:34	5	54:14	17	1:19:08
VP15 - Gedenkst.	6.90	40:50	5:55	5	5:37	21	7:55	90.13	8:24:57	5:36	5	57:41	16	1:27:03
VP16 - Königswe	6.87	42:32	6:11	2	2:13	8	7:47	97.00	9:07:29	5:38	5	53:20	16	1:34:50
VP17 - Sportplatz	6.20	44:33	7:11	4	8:03	21	10:48	103.20	9:52:02	5:44	5	1:00:23	18	1:45:38
VP18 - Osdorfer	6.50	41:17	6:21	5	6:50	15	6:50	109.70	10:33:19	5:46	5	1:03:37	17	1:50:11
VP19 - Lichtenra	5.70	42:16	7:24	4	8:06	18	8:06	115.40	11:15:35	5:51	5	1:02:28	16	1:56:30
VP20 - Kirchhain	4.37	28:32	6:31	5	5:50	28	9:42	119.77	11:44:07	5:52	5	1:06:55	17	2:06:12
VP21 - Buckow	6.43	45:25	7:03	6	10:15	32	11:49	126.20	12:29:32	5:56	5	1:12:33	18	2:18:01
VP22 - Rudow	4.90	34:37	7:03	4	7:38	20	8:38	131.10	13:04:09	5:58	5	1:16:10	18	2:26:39
VP23 - Johannistl	5.90	41:26	7:01	4	9:21	24	9:51	137.00	13:45:35	6:01	5	1:25:31	18	2:36:30
VP24 - Dammwe	5.70	39:57	7:00	4	8:46	17	8:46	142.70	14:25:32	6:03	5	1:34:17	18	2:44:47
VP25 - East Side	5.80	48:51	8:25	5	10:00	24	11:54	148.50	15:14:23	6:09	5	1:44:17	18	2:54:10
VP26 - Checkpoir	5.28	32:17	6:06	5	10:08	26	10:44	153.78	15:46:40	6:09	5	1:54:25	18	3:02:24
VP27 - Gedenkst.	3.32	34:16	10:19	7	9:39	29	9:39	157.10	16:20:56	6:14	5	2:04:04	18	3:09:53
Friedrich-Ludwig	4.60	30:37	6:39	4	5:16	17	6:25	161.70	16:51:33	6:15	5	2:09:20	18	3:11:37