



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

GULLERSTRÖM, Patrik

Club: Sollentuna

Number: 158

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 17:53:24

Speed: 9.00 km/h

Running performance: 6:38 min/km

Rank in course/Total: 75 (of 459)

Rank in course/Men: 26 (of 302)

Best time in course: 13:39:56

Rank in category: 8(of 36)

Best time in the category: 14:37:35

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	37:55	5:27	7	4:33	34	6:54	6.94	37:55	5:27	7	4:33	34	6:54
VP2 - Laufftreff Li	5.69	32:42	5:44	9	5:58	39	8:37	12.63	1:10:37	5:35	9	10:31	36	15:31
VP3 - Oranienbur	5.74	30:47	5:21	10	5:36	40	6:41	18.37	1:41:24	5:31	9	16:07	36	22:12
VP4 - Naturschut	4.70	28:33	6:04	11	4:39	35	6:07	23.07	2:09:57	5:37	9	20:46	34	28:19
VP5 - Frohnau	6.80	37:51	5:33	10	5:14	37	8:56	29.87	2:47:48	5:37	9	26:00	35	37:15
VP6 - Ruderclub	4.06	27:06	6:40	13	6:43	61	8:59	33.93	3:14:54	5:44	10	32:43	37	46:11
VP7 - Grenzturm	4.75	29:48	6:16	13	5:32	67	8:05	38.68	3:44:42	5:48	10	37:56	39	54:16
VP8 - Schönwald	7.52	44:32	5:55	12	5:28	39	8:42	46.20	4:29:14	5:49	10	41:40	37	1:02:34
VP9 - Falkenseer	5.76	34:18	5:57	9	3:40	25	5:58	51.96	5:03:32	5:50	10	40:58	40	1:08:04
VP10 - Karolinenl	6.54	40:41	6:13	8	5:08	31	8:29	58.50	5:44:13	5:53	10	44:32	37	1:16:33
VP11 - Pagel & Fi	4.90	33:26	6:49	11	7:57	59	10:23	63.40	6:17:39	5:57	11	51:35	38	1:26:56
VP12 - Schloss S	7.62	49:42	6:31	9	9:23	34	12:49	71.02	7:07:21	6:01	11	59:13	38	1:39:45
VP13 - Revierförs	6.21	37:17	6:00	6	5:44	20	8:27	77.23	7:44:38	6:00	10	1:01:29	36	1:48:12
VP14 - Brauhaus	6.00	35:05	5:50	6	4:15	19	6:32	83.23	8:19:43	6:00	10	1:05:30	34	1:54:44
VP15 - Gedenkst.	6.90	41:49	6:03	8	7:36	25	8:54	90.13	9:01:32	6:00	10	1:12:40	32	2:03:38
VP16 - Königswe	6.87	46:56	6:49	6	8:52	22	12:11	97.00	9:48:28	6:04	10	1:20:22	30	2:15:49
VP17 - Sportplatz	6.20	52:13	8:25	12	18:13	44	18:28	103.20	10:40:41	6:12	10	1:38:29	30	2:34:17
VP18 - Osdorfer	6.50	39:04	6:00	5	4:24	13	4:37	109.70	11:19:45	6:11	9	1:42:53	27	2:36:37
VP19 - Lichtenra	5.70	41:24	7:15	6	7:06	14	7:14	115.40	12:01:09	6:14	9	1:49:59	27	2:42:04
VP20 - Kirchhain	4.37	28:58	6:37	9	8:23	32	10:08	119.77	12:30:07	6:15	9	1:58:22	27	2:52:12
VP21 - Buckow	6.43	46:27	7:13	8	12:25	37	12:51	126.20	13:16:34	6:18	8	2:10:14	26	3:05:03
VP22 - Rudow	4.90	35:08	7:10	7	7:51	24	9:09	131.10	13:51:42	6:20	8	2:16:28	27	3:14:12
VP23 - Johannistl	5.90	42:16	7:09	7	10:23	28	10:41	137.00	14:33:58	6:22	8	2:24:07	26	3:24:53
VP24 - Dammwe	5.70	43:12	7:34	7	11:09	26	12:01	142.70	15:17:10	6:25	8	2:34:27	26	3:36:25
VP25 - East Side	5.80	51:18	8:50	9	14:21	32	14:21	148.50	16:08:28	6:31	8	2:48:48	26	3:48:15
VP26 - Checkpoir	5.28	34:55	6:36	8	13:22	41	13:22	153.78	16:43:23	6:31	8	2:59:14	25	3:59:07
VP27 - Gedenkst.	3.32	33:19	10:02	7	8:29	27	8:42	157.10	17:16:42	6:35	8	3:04:36	25	4:05:39
Friedrich-Ludwig	4.60	36:42	7:58	11	12:30	50	12:30	161.70	17:53:24	6:38	8	3:15:49	26	4:13:28