



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

RAMTHUN, Martina

Club: 100 Marathon Club

Number: 179

Course: 161.70 km

100MeilenBerlin

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 23:37:02

Speed: 6.82 km/h

Running performance: 8:46 min/km

Rank in course/Total: 237 (of 459)

Rank in course/Women: 20 (of 72)

Best time in course: 17:20:20

Rank in category: 6(of 18)

Best time in the category: 20:27:00

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Wilhelmsru	6.94	53:19	7:40	14	11:15	56	16:22	6.94	53:19	7:40	14	11:15	56	16:22
VP2 - Laufftreff Li	5.69	45:09	7:56	14	11:23	51	13:38	12.63	1:38:28	7:47	14	21:23	56	29:51
VP3 - Oranienbur	5.74	42:53	7:28	12	10:04	52	12:26	18.37	2:21:21	7:41	14	31:27	53	42:07
VP4 - Naturschut	4.70	37:50	8:02	8	5:54	37	9:34	23.07	2:59:11	7:46	12	37:21	50	51:11
VP5 - Frohnau	6.80	54:37	8:01	13	13:02	54	18:00	29.87	3:53:48	7:49	13	47:27	52	1:08:17
VP6 - Ruderclub	4.06	29:10	7:11	3	3:35	12	6:25	33.93	4:22:58	7:45	10	51:02	43	1:14:32
VP7 - Grenzturm	4.75	32:36	6:51	4	0:39	18	6:28	38.68	4:55:34	7:38	9	50:55	38	1:21:00
VP8 - Schönwald	7.52	54:08	7:11	5	6:34	28	11:47	46.20	5:49:42	7:34	8	52:01	35	1:32:47
VP9 - Falkenseer	5.76	48:06	8:21	7	7:52	30	13:40	51.96	6:37:48	7:39	7	57:20	34	1:45:37
VP10 - Karolinenl	6.54	49:18	7:32	5	3:27	20	9:57	58.50	7:27:06	7:38	6	1:00:41	31	1:54:32
VP11 - Pagel & Fi	4.90	37:30	7:39	5	1:38	22	7:11	63.40	8:04:36	7:38	6	1:01:50	30	2:01:43
VP12 - Schloss S	7.62	1:09:43	9:08	6	13:26	26	24:04	71.02	9:14:19	7:48	6	1:14:14	30	2:25:47
VP13 - Revierförs	6.21	44:14	7:07	2	1:14	9	5:08	77.23	9:58:33	7:45	6	1:15:28	29	2:30:33
VP14 - Brauhaus	6.00	41:42	6:57	2	1:17	11	5:57	83.23	10:40:15	7:41	6	1:16:45	26	2:33:01
VP15 - Gedenkst.	6.90	54:00	7:49	4	3:57	19	12:45	90.13	11:34:15	7:42	6	1:20:42	24	2:37:50
VP16 - Königswe	6.87	54:36	7:56	2	5:51	7	7:27	97.00	12:28:51	7:43	6	1:26:33	22	2:43:42
VP17 - Sportplatz	6.20	1:21:23	13:07	10	18:33	35	36:30	103.20	13:50:14	8:02	6	1:43:02	24	3:13:11
VP18 - Osdorfer	6.50	50:34	7:46	2	3:29	9	8:51	109.70	14:40:48	8:01	6	1:46:31	20	3:22:02
VP19 - Lichtenra	5.70	57:55	10:09	5	10:26	22	16:34	115.40	15:38:43	8:08	6	1:56:57	21	3:37:20
VP20 - Kirchhain	4.37	44:54	10:16	7	11:37	29	18:09	119.77	16:23:37	8:12	6	2:08:34	21	3:55:29
VP21 - Buckow	6.43	51:37	8:01	1	-	8	9:56	126.20	17:15:14	8:12	6	2:08:05	20	4:05:25
VP22 - Rudow	4.90	43:40	8:54	1	-	9	10:40	131.10	17:58:54	8:13	6	2:05:03	20	4:16:05
VP23 - Johannistl	5.90	1:02:05	10:31	5	7:17	23	22:54	137.00	19:00:59	8:19	5	2:10:52	19	4:38:59
VP24 - Dammwe	5.70	1:00:15	10:34	5	9:46	24	19:23	142.70	20:01:14	8:25	5	2:20:38	19	4:57:12
VP25 - East Side	5.80	1:13:43	12:42	8	16:59	34	28:53	148.50	21:14:57	8:35	6	2:37:37	20	5:22:47
VP26 - Checkpoir	5.28	48:00	9:05	6	10:42	33	17:47	153.78	22:02:57	8:36	6	2:48:19	20	5:40:34
VP27 - Gedenkst.	3.32	50:03	15:04	5	13:56	25	22:45	157.10	22:53:00	8:44	6	3:02:15	21	6:03:19
Friedrich-Ludwig	4.60	44:02	9:34	2	7:47	17	44:02	161.70	23:37:02	8:45	6	3:10:02	21	6:16:42