



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

LEIßNER, Michael

Club: laufSinn Laufteam

Number: 202

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M35 (35-39 Jahre)

Total time: 29:01:30

Speed: 5.57 km/h

Running performance: 10:46 min/km

Rank in course/Total: 330 (of 459)

Rank in course/Men: 205 (of 302)

Best time in course: 13:39:56

Rank in category: 22(of 31)

Best time in the category: 14:42:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	48:47	7:01	19	16:56	188	17:46	6.94	48:47	7:01	19	16:56	188	17:46
VP2 - Laufftreff Li	5.69	43:24	7:37	25	17:21	229	19:19	12.63	1:32:11	7:17	23	33:03	218	37:05
VP3 - Oranienbur	5.74	39:57	6:57	22	14:33	204	15:51	18.37	2:12:08	7:11	23	47:01	209	52:56
VP4 - Naturschut	4.70	39:02	8:18	23	15:43	214	16:36	23.07	2:51:10	7:25	22	1:02:44	213	1:09:32
VP5 - Frohnau	6.80	48:52	7:11	23	19:54	200	19:57	29.87	3:40:02	7:21	22	1:22:38	211	1:29:29
VP6 - Ruderclub	4.06	40:21	9:56	26	22:14	233	22:14	33.93	4:20:23	7:40	23	1:44:52	215	1:51:40
VP7 - Grenzturm	4.75	36:26	7:40	20	13:57	189	14:43	38.68	4:56:49	7:40	22	1:58:49	215	2:06:23
VP8 - Schönwald	7.52	57:40	7:40	20	21:50	196	21:50	46.20	5:54:29	7:40	22	2:20:39	214	2:27:49
VP9 - Falkenseer	5.76	59:43	10:22	25	31:23	251	31:23	51.96	6:54:12	7:58	22	2:52:02	220	2:58:44
VP10 - Karolinenl	6.54	1:04:13	9:49	24	31:29	239	32:01	58.50	7:58:25	8:10	24	3:23:28	227	3:30:45
VP11 - Pagel & Fi	4.90	47:22	9:39	22	22:18	217	24:19	63.40	8:45:47	8:17	23	3:45:15	225	3:55:04
VP12 - Schloss S	7.62	1:24:44	11:07	23	44:56	228	47:51	71.02	10:10:31	8:35	23	4:24:29	230	4:42:55
VP13 - Revierförs	6.21	1:00:50	9:47	24	28:21	223	32:00	77.23	11:11:21	8:41	23	4:52:50	227	5:14:55
VP14 - Brauhaus	6.00	1:06:29	11:04	24	36:50	247	37:56	83.23	12:17:50	8:51	23	5:27:57	230	5:52:51
VP15 - Gedenkst.	6.90	1:07:00	9:42	22	31:47	217	34:05	90.13	13:24:50	8:55	23	5:57:34	226	6:26:56
VP16 - Königswe	6.87	1:23:01	12:05	25	42:42	221	48:16	97.00	14:47:51	9:09	23	6:33:42	224	7:15:12
VP17 - Sportplatz	6.20	1:45:28	17:00	25	1:08:58	219	1:11:43	103.20	16:33:19	9:37	22	7:41:40	225	8:26:55
VP18 - Osdorfer	6.50	1:19:48	12:16	23	45:21	211	45:21	109.70	17:53:07	9:46	23	8:23:25	227	9:09:59
VP19 - Lichtenra	5.70	1:18:01	13:41	25	43:51	219	43:51	115.40	19:11:08	9:58	23	8:58:01	223	9:52:03
VP20 - Kirchhain	4.37	1:00:41	13:53	25	37:59	223	41:51	119.77	20:11:49	10:07	24	9:34:37	222	10:33:54
VP21 - Buckow	6.43	1:17:03	11:58	22	41:53	188	43:27	126.20	21:28:52	10:12	24	10:11:53	214	11:17:21
VP22 - Rudow	4.90	1:18:02	15:55	24	51:03	220	52:03	131.10	22:46:54	10:25	24	10:58:55	214	12:09:24
VP23 - Johannistl	5.90	1:13:55	12:31	17	41:50	180	42:20	137.00	24:00:49	10:31	23	11:40:45	208	12:51:44
VP24 - Dammwe	5.70	1:04:09	11:15	17	32:58	152	32:58	142.70	25:04:58	10:32	22	12:13:43	206	13:24:13
VP25 - East Side	5.80	1:18:52	13:35	20	40:01	179	41:55	148.50	26:23:50	10:39	22	12:53:44	207	14:03:37
VP26 - Checkpoir	5.28	51:25	9:44	21	29:16	181	29:52	153.78	27:15:15	10:38	22	13:23:00	205	14:30:59
VP27 - Gedenkst.	3.32	50:15	15:08	18	25:38	151	25:38	157.10	28:05:30	10:43	22	13:48:38	205	14:54:27
Friedrich-Ludwig	4.60	56:00	12:10	20	30:39	179	31:48	161.70	29:01:30	10:46	22	14:19:17	205	15:21:34