



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

TSANG, Gigi

Club: Dubai Creek Striders

Number: 217

Course: 161.70 km

100MeilenBerlin

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 20:27:00

Speed: 7.87 km/h

Running performance: 7:35 min/km

Rank in course/Total: 130 (of 459)

Rank in course/Women: 5 (of 72)

Best time in course: 17:20:20

Rank in category: 1(of 18)

Best time in the category: 20:27:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Wilhelmsru	6.94	43:19	6:14	2	1:15	13	6:22	6.94	43:19	6:14	2	1:15	13	6:22
VP2 - Laufftreff Li	5.69	33:46	5:56	1	-	5	2:15	12.63	1:17:05	6:06	1	-	6	8:28
VP3 - Oranienbur	5.74	32:49	5:43	1	-	5	2:22	18.37	1:49:54	5:58	1	-	6	10:40
VP4 - Naturschut	4.70	31:56	6:47	1	-	6	3:40	23.07	2:21:50	6:08	1	-	6	13:50
VP5 - Frohnau	6.80	44:31	6:32	4	2:56	15	7:54	29.87	3:06:21	6:14	1	-	7	20:50
VP6 - Ruderclub	4.06	25:35	6:18	1	-	4	2:50	33.93	3:31:56	6:14	1	-	6	23:30
VP7 - Grenzturm	4.75	32:43	6:53	5	0:46	21	6:35	38.68	4:04:39	6:19	1	-	6	30:05
VP8 - Schönwald	7.52	55:41	7:24	6	8:07	30	13:20	46.20	5:00:20	6:30	2	2:39	8	43:25
VP9 - Falkenseer	5.76	40:14	6:59	1	-	8	5:48	51.96	5:40:34	6:33	2	0:06	8	48:23
VP10 - Karolinenl	6.54	45:51	7:00	1	-	9	6:30	58.50	6:26:25	6:36	1	-	7	53:51
VP11 - Pagel & Fi	4.90	36:21	7:25	2	0:29	16	6:02	63.40	7:02:46	6:40	1	-	7	59:53
VP12 - Schloss S	7.62	57:19	7:31	3	1:02	11	11:40	71.02	8:00:05	6:45	1	-	8	1:11:33
VP13 - Revierförs	6.21	43:00	6:55	1	-	6	3:54	77.23	8:43:05	6:46	1	-	8	1:15:05
VP14 - Brauhaus	6.00	40:25	6:44	1	-	8	4:40	83.23	9:23:30	6:46	1	-	7	1:16:16
VP15 - Gedenkst.	6.90	50:03	7:15	1	-	7	8:48	90.13	10:13:33	6:48	1	-	7	1:17:08
VP16 - Königswe	6.87	48:45	7:05	1	-	2	1:36	97.00	11:02:18	6:49	1	-	5	1:17:09
VP17 - Sportplatz	6.20	1:04:54	10:28	2	2:04	15	20:01	103.20	12:07:12	7:02	1	-	7	1:30:09
VP18 - Osdorfer	6.50	47:05	7:14	1	-	5	5:22	109.70	12:54:17	7:03	1	-	5	1:35:31
VP19 - Lichtenra	5.70	47:29	8:19	1	-	6	6:08	115.40	13:41:46	7:07	1	-	6	1:40:23
VP20 - Kirchhain	4.37	33:17	7:36	1	-	6	6:32	119.77	14:15:03	7:08	1	-	6	1:46:55
VP21 - Buckow	6.43	52:06	8:06	2	0:29	9	10:25	126.20	15:07:09	7:11	1	-	6	1:57:20
VP22 - Rudow	4.90	46:42	9:31	4	3:02	15	13:42	131.10	15:53:51	7:16	1	-	6	2:11:02
VP23 - Johannistl	5.90	56:16	9:32	2	1:28	12	17:05	137.00	16:50:07	7:22	1	-	6	2:28:07
VP24 - Dammwe	5.70	50:29	8:51	1	-	6	9:37	142.70	17:40:36	7:25	1	-	6	2:36:34
VP25 - East Side	5.80	56:44	9:46	1	-	7	11:54	148.50	18:37:20	7:31	1	-	6	2:45:10
VP26 - Checkpoir	5.28	37:18	7:03	1	-	7	7:05	153.78	19:14:38	7:30	1	-	5	2:52:15
VP27 - Gedenkst.	3.32	36:07	10:52	1	-	5	8:49	157.10	19:50:45	7:34	1	-	5	3:01:04
Friedrich-Ludwig	4.60	36:15	7:52	1	-	7	36:15	161.70	20:27:00	7:35	1	-	5	3:06:40