



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## Detailed evaluation

**BOSCH, Jörg**

Club: Team Erdinger Alkoholfrei  
Number: 223

Course: 161.70 km  
100MeilenBerlin

Category:  
Senioren M45 (45-49 Jahre)

Total time: 19:21:02

Speed: 8.32 km/h  
Running performance: 7:11 min/km

Rank in course/Total: 100 (of 459)

Rank in course/Men: 38 (of 302)

Best time in course: 13:39:56

Rank in category: 11(of 85)

Best time in the category: 15:47:54

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - Wilhelmsru   | 6.94     | 39:26      | 5:40         | 13          | 6:02        | 49      | 8:25       | 6.94          | 39:26      | 5:40         | 13       | 6:02        | 49      | 8:25       |
| VP2 - Lauftreff Li | 5.69     | 33:58      | 5:58         | 14          | 6:43        | 53      | 9:53       | 12.63         | 1:13:24    | 5:48         | 13       | 12:45       | 47      | 18:18      |
| VP3 - Oranienbur   | 5.74     | 33:07      | 5:46         | 24          | 7:18        | 70      | 9:01       | 18.37         | 1:46:31    | 5:47         | 13       | 20:03       | 49      | 27:19      |
| VP4 - Naturschut   | 4.70     | 30:12      | 6:25         | 17          | 5:05        | 56      | 7:46       | 23.07         | 2:16:43    | 5:55         | 13       | 25:08       | 49      | 35:05      |
| VP5 - Frohnau      | 6.80     | 41:01      | 6:01         | 24          | 7:47        | 74      | 12:06      | 29.87         | 2:57:44    | 5:57         | 13       | 31:56       | 54      | 47:11      |
| VP6 - Ruderclub    | 4.06     | 26:36      | 6:33         | 16          | 5:07        | 55      | 8:29       | 33.93         | 3:24:20    | 6:01         | 12       | 37:03       | 50      | 55:37      |
| VP7 - Grenzturm    | 4.75     | 29:32      | 6:13         | 18          | 5:28        | 63      | 7:49       | 38.68         | 3:53:52    | 6:02         | 13       | 42:31       | 50      | 1:03:26    |
| VP8 - Schönwald    | 7.52     | 47:55      | 6:22         | 26          | 8:28        | 75      | 12:05      | 46.20         | 4:41:47    | 6:05         | 17       | 50:07       | 59      | 1:15:07    |
| VP9 - Falkenseer   | 5.76     | 37:23      | 6:29         | 16          | 4:59        | 51      | 9:03       | 51.96         | 5:19:10    | 6:08         | 18       | 55:01       | 60      | 1:23:42    |
| VP10 - Karolinenl  | 6.54     | 43:10      | 6:36         | 13          | 8:06        | 49      | 10:58      | 58.50         | 6:02:20    | 6:11         | 17       | 1:02:10     | 56      | 1:34:40    |
| VP11 - Pagel & Fi  | 4.90     | 32:45      | 6:41         | 16          | 4:51        | 52      | 9:42       | 63.40         | 6:35:05    | 6:13         | 17       | 1:07:01     | 55      | 1:44:22    |
| VP12 - Schloss S   | 7.62     | 52:58      | 6:57         | 18          | 9:27        | 49      | 16:05      | 71.02         | 7:28:03    | 6:18         | 17       | 1:13:03     | 52      | 2:00:27    |
| VP13 - Revierförs  | 6.21     | 41:18      | 6:39         | 9           | 5:33        | 33      | 12:28      | 77.23         | 8:09:21    | 6:20         | 16       | 1:16:21     | 50      | 2:12:55    |
| VP14 - Brauhaus    | 6.00     | 38:10      | 6:21         | 9           | 5:09        | 34      | 9:37       | 83.23         | 8:47:31    | 6:20         | 14       | 1:20:26     | 46      | 2:22:32    |
| VP15 - Gedenkst.   | 6.90     | 44:03      | 6:23         | 10          | 4:29        | 39      | 11:08      | 90.13         | 9:31:34    | 6:20         | 13       | 1:24:25     | 45      | 2:33:40    |
| VP16 - Königswe    | 6.87     | 56:04      | 8:09         | 25          | 14:25       | 74      | 21:19      | 97.00         | 10:27:38   | 6:28         | 14       | 1:35:08     | 46      | 2:54:59    |
| VP17 - Sportplatz  | 6.20     | 50:38      | 8:09         | 10          | 12:51       | 32      | 16:53      | 103.20        | 11:18:16   | 6:34         | 12       | 1:43:07     | 45      | 3:11:52    |
| VP18 - Osdorfer    | 6.50     | 47:39      | 7:19         | 12          | 9:50        | 46      | 13:12      | 109.70        | 12:05:55   | 6:37         | 12       | 1:47:51     | 42      | 3:22:47    |
| VP19 - Lichtenra   | 5.70     | 44:43      | 7:50         | 9           | 6:49        | 33      | 10:33      | 115.40        | 12:50:38   | 6:40         | 9        | 1:49:31     | 39      | 3:31:33    |
| VP20 - Kirchhain   | 4.37     | 41:06      | 9:24         | 50          | 19:15       | 148     | 22:16      | 119.77        | 13:31:44   | 6:46         | 11       | 2:07:37     | 41      | 3:53:49    |
| VP21 - Buckow      | 6.43     | 47:17      | 7:21         | 13          | 12:13       | 41      | 13:41      | 126.20        | 14:19:01   | 6:48         | 10       | 2:17:14     | 40      | 4:07:30    |
| VP22 - Rudow       | 4.90     | 43:19      | 8:50         | 26          | 13:06       | 76      | 17:20      | 131.10        | 15:02:20   | 6:52         | 10       | 2:30:20     | 40      | 4:24:50    |
| VP23 - Johannistl  | 5.90     | 47:03      | 7:58         | 13          | 12:01       | 43      | 15:28      | 137.00        | 15:49:23   | 6:55         | 10       | 2:42:21     | 40      | 4:40:18    |
| VP24 - Dammwe      | 5.70     | 47:28      | 8:19         | 15          | 13:12       | 46      | 16:17      | 142.70        | 16:36:51   | 6:59         | 12       | 2:55:33     | 40      | 4:56:06    |
| VP25 - East Side   | 5.80     | 52:24      | 9:02         | 11          | 11:53       | 37      | 15:27      | 148.50        | 17:29:15   | 7:03         | 11       | 3:07:26     | 39      | 5:09:02    |
| VP26 - Checkpoir   | 5.28     | 38:36      | 7:18         | 20          | 13:33       | 66      | 17:03      | 153.78        | 18:07:51   | 7:04         | 12       | 3:20:59     | 40      | 5:23:35    |
| VP27 - Gedenkst.   | 3.32     | 36:18      | 10:56        | 14          | 8:50        | 42      | 11:41      | 157.10        | 18:44:09   | 7:09         | 13       | 3:25:48     | 41      | 5:33:06    |
| Friedrich-Ludwig   | 4.60     | 36:53      | 8:01         | 15          | 7:24        | 52      | 12:41      | 161.70        | 19:21:02   | 7:10         | 11       | 3:33:08     | 38      | 5:41:06    |