



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## Detailed evaluation

**CONNOLLY, Gary**

Club: 100 Marathon Club Ireland

Number: 233

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 22:44:31

Speed: 7.08 km/h

Running performance: 8:26 min/km

Rank in course/Total: 191 (of 459)

Rank in course/Men: 106 (of 302)

Best time in course: 13:39:56

Rank in category: 23(of 58)

Best time in the category: 15:32:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	43:37	6:17	20	10:11	114	12:36	6.94	43:37	6:17	20	10:11	114	12:36
VP2 - Laufftreff Li	5.69	35:50	6:17	19	8:09	93	11:45	12.63	1:19:27	6:17	20	18:20	106	24:21
VP3 - Oranienbur	5.74	34:35	6:01	21	7:26	106	10:29	18.37	1:54:02	6:12	20	25:46	103	34:50
VP4 - Naturschut	4.70	37:25	7:57	39	12:03	195	14:59	23.07	2:31:27	6:33	23	37:49	126	49:49
VP5 - Frohnau	6.80	42:48	6:17	20	9:00	102	13:53	29.87	3:14:15	6:30	23	46:49	119	1:03:42
VP6 - Ruderclub	4.06	32:25	7:59	34	11:01	145	14:18	33.93	3:46:40	6:40	27	57:06	125	1:17:57
VP7 - Grenzturm	4.75	30:48	6:29	19	6:40	87	9:05	38.68	4:17:28	6:39	24	1:03:27	117	1:27:02
VP8 - Schönwald	7.52	50:51	6:45	26	11:40	123	15:01	46.20	5:08:19	6:40	24	1:11:17	115	1:41:39
VP9 - Falkenseer	5.76	44:26	7:42	24	13:03	125	16:06	51.96	5:52:45	6:47	24	1:24:08	115	1:57:17
VP10 - Karolinenl	6.54	47:20	7:14	20	12:39	92	15:08	58.50	6:40:05	6:50	23	1:34:25	112	2:12:25
VP11 - Pagel & Fi	4.90	32:50	6:42	11	5:54	53	9:47	63.40	7:12:55	6:49	20	1:38:21	103	2:22:12
VP12 - Schloss S	7.62	1:16:49	10:04	43	35:46	196	39:56	71.02	8:29:44	7:10	28	2:11:19	125	3:02:08
VP13 - Revierförs	6.21	49:53	8:01	28	14:37	128	21:03	77.23	9:19:37	7:14	28	2:25:38	124	3:23:11
VP14 - Brauhaus	6.00	46:27	7:44	24	14:07	110	17:54	83.23	10:06:04	7:16	28	2:35:10	123	3:41:05
VP15 - Gedenkst.	6.90	50:44	7:21	16	12:26	95	17:49	90.13	10:56:48	7:17	26	2:47:13	117	3:58:54
VP16 - Königswe	6.87	1:04:42	9:25	28	21:15	136	29:57	97.00	12:01:30	7:26	25	3:07:13	116	4:28:51
VP17 - Sportplatz	6.20	1:09:52	11:16	29	32:01	133	36:07	103.20	13:11:22	7:40	27	3:39:14	119	5:04:58
VP18 - Osdorfer	6.50	51:30	7:55	15	13:37	74	17:03	109.70	14:02:52	7:41	27	3:52:51	114	5:19:44
VP19 - Lichtenra	5.70	52:50	9:16	16	13:25	93	18:40	115.40	14:55:42	7:45	23	4:06:16	109	5:36:37
VP20 - Kirchhain	4.37	32:11	7:21	15	8:23	61	13:21	119.77	15:27:53	7:44	21	4:14:39	105	5:49:58
VP21 - Buckow	6.43	1:02:11	9:40	33	25:44	143	28:35	126.20	16:30:04	7:50	23	4:40:23	110	6:18:33
VP22 - Rudow	4.90	46:47	9:32	26	16:44	112	20:48	131.10	17:16:51	7:54	23	4:57:07	108	6:39:21
VP23 - Johannistl	5.90	1:12:07	12:13	43	36:45	174	40:32	137.00	18:28:58	8:05	24	5:33:52	116	7:19:53
VP24 - Dammwe	5.70	1:03:32	11:08	34	28:34	148	32:21	142.70	19:32:30	8:12	24	6:02:26	114	7:51:45
VP25 - East Side	5.80	1:03:07	10:52	21	23:29	95	26:10	148.50	20:35:37	8:19	25	6:25:55	115	8:15:24
VP26 - Checkpoir	5.28	39:12	7:25	17	14:20	75	17:39	153.78	21:14:49	8:17	24	6:40:15	110	8:30:33
VP27 - Gedenkst.	3.32	43:38	13:08	18	17:08	88	19:01	157.10	21:58:27	8:23	23	6:57:23	106	8:47:24
Friedrich-Ludwig	4.60	46:04	10:00	25	18:19	118	21:52	161.70	22:44:31	8:26	23	7:11:35	106	9:04:35