



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## Detailed evaluation

**ÜBENSEE, Christoph**

Club: Team Bergziege

Number: 264

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M30 (30-34 Jahre)

Total time: 28:33:39

Speed: 5.64 km/h

Running performance: 10:36 min/km

Rank in course/Total: 320 (of 459)

Rank in course/Men: 199 (of 302)

Best time in course: 13:39:56

Rank in category: 11(of 14)

Best time in the category: 16:49:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	45:53	6:36	13	8:53	144	14:52	6.94	45:53	6:36	13	8:53	144	14:52
VP2 - Laufftreff Li	5.69	40:29	7:06	13	10:13	180	16:24	12.63	1:26:22	6:50	13	19:02	154	31:16
VP3 - Oranienbur	5.74	38:37	6:43	13	10:39	181	14:31	18.37	2:04:59	6:48	13	29:41	168	45:47
VP4 - Naturschut	4.70	39:14	8:20	14	12:46	215	16:48	23.07	2:44:13	7:07	13	42:27	182	1:02:35
VP5 - Frohnau	6.80	53:05	7:48	14	17:39	242	24:10	29.87	3:37:18	7:16	13	1:00:06	202	1:26:45
VP6 - Ruderclub	4.06	34:57	8:36	13	12:05	173	16:50	33.93	4:12:15	7:26	13	1:12:11	196	1:43:32
VP7 - Grenzturm	4.75	38:36	8:07	14	12:16	221	16:53	38.68	4:50:51	7:31	13	1:24:27	197	2:00:25
VP8 - Schönwald	7.52	1:06:00	8:46	13	23:39	246	30:10	46.20	5:56:51	7:43	14	1:45:08	215	2:30:11
VP9 - Falkenseer	5.76	55:11	9:34	13	23:04	233	26:51	51.96	6:52:02	7:55	14	2:08:12	218	2:56:34
VP10 - Karolinenl	6.54	1:00:44	9:17	13	23:22	221	28:32	58.50	7:52:46	8:04	13	2:29:43	218	3:25:06
VP11 - Pagel & Fi	4.90	46:10	9:25	12	19:13	212	23:07	63.40	8:38:56	8:11	13	2:48:56	216	3:48:13
VP12 - Schloss S	7.62	1:13:16	9:36	12	28:13	178	36:23	71.02	9:52:12	8:20	13	3:17:09	205	4:24:36
VP13 - Revierförs	6.21	58:24	9:24	12	21:22	208	29:34	77.23	10:50:36	8:25	13	3:37:57	210	4:54:10
VP14 - Brauhaus	6.00	54:21	9:03	13	20:35	195	25:48	83.23	11:44:57	8:28	13	3:58:32	211	5:19:58
VP15 - Gedenkst.	6.90	1:03:37	9:13	12	25:04	198	30:42	90.13	12:48:34	8:31	13	4:23:36	209	5:50:40
VP16 - Königswe	6.87	1:17:33	11:17	13	33:20	206	42:48	97.00	14:06:07	8:43	13	4:56:56	206	6:33:28
VP17 - Sportplatz	6.20	1:15:22	12:09	9	38:41	151	41:37	103.20	15:21:29	8:55	12	5:35:37	195	7:15:05
VP18 - Osdorfer	6.50	1:22:39	12:42	11	40:43	215	48:12	109.70	16:44:08	9:09	12	6:11:10	197	8:01:00
VP19 - Lichtenra	5.70	1:18:04	13:41	11	36:08	220	43:54	115.40	18:02:12	9:22	12	6:46:28	195	8:43:07
VP20 - Kirchhain	4.37	55:08	12:36	11	27:38	210	36:18	119.77	18:57:20	9:29	12	7:13:46	197	9:19:25
VP21 - Buckow	6.43	1:44:17	16:13	13	1:04:01	227	1:10:41	126.20	20:41:37	9:50	12	8:15:48	204	10:30:06
VP22 - Rudow	4.90	1:04:55	13:14	12	33:15	202	38:56	131.10	21:46:32	9:57	12	8:49:03	201	11:09:02
VP23 - Johannistl	5.90	1:15:17	12:45	11	36:56	183	43:42	137.00	23:01:49	10:05	11	9:25:59	198	11:52:44
VP24 - Dammwe	5.70	1:14:35	13:05	10	35:05	195	43:24	142.70	24:16:24	10:12	11	9:59:16	195	12:35:39
VP25 - East Side	5.80	1:18:18	13:30	10	36:08	175	41:21	148.50	25:34:42	10:20	11	10:29:14	196	13:14:29
VP26 - Checkpoir	5.28	50:55	9:38	8	20:30	176	29:22	153.78	26:25:37	10:18	11	10:47:47	194	13:41:21
VP27 - Gedenkst.	3.32	1:01:17	18:27	11	29:31	201	36:40	157.10	27:26:54	10:28	11	11:12:17	196	14:15:51
Friedrich-Ludwig	4.60	1:06:45	14:30	11	37:38	209	42:33	161.70	28:33:39	10:35	11	11:44:35	199	14:53:43