



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

ØSTERGAARD, Bjarne

Club: thonimara.dk

Number: 265

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 22:46:45

Speed: 7.07 km/h

Running performance: 8:27 min/km

Rank in course/Total: 192 (of 459)

Rank in course/Men: 107 (of 302)

Best time in course: 13:39:56

Rank in category: 37(of 85)

Best time in the category: 15:47:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	38:54	5:36	11	5:30	44	7:53	6.94	38:54	5:36	11	5:30	44	7:53
VP2 - Laufftreff Li	5.69	34:14	6:00	16	6:59	58	10:09	12.63	1:13:08	5:47	12	12:29	46	18:02
VP3 - Oranienbur	5.74	32:33	5:40	19	6:44	59	8:27	18.37	1:45:41	5:45	12	19:13	47	26:29
VP4 - Naturschut	4.70	30:54	6:34	24	5:47	75	8:28	23.07	2:16:35	5:55	12	25:00	48	34:57
VP5 - Frohnau	6.80	42:20	6:13	29	9:06	88	13:25	29.87	2:58:55	5:59	19	33:07	62	48:22
VP6 - Ruderclub	4.06	33:48	8:19	51	12:19	161	15:41	33.93	3:32:43	6:16	25	45:26	80	1:04:00
VP7 - Grenzturm	4.75	30:34	6:26	26	6:30	80	8:51	38.68	4:03:17	6:17	23	51:56	77	1:12:51
VP8 - Schönwald	7.52	48:04	6:23	27	8:37	76	12:14	46.20	4:51:21	6:18	22	59:41	74	1:24:41
VP9 - Falkenseer	5.76	39:16	6:49	20	6:52	62	10:56	51.96	5:30:37	6:21	21	1:06:28	71	1:35:09
VP10 - Karolinenl	6.54	45:41	6:59	25	10:37	74	13:29	58.50	6:16:18	6:25	21	1:16:08	71	1:48:38
VP11 - Pagel & Fi	4.90	36:24	7:25	34	8:30	101	13:21	63.40	6:52:42	6:30	21	1:24:38	72	2:01:59
VP12 - Schloss S	7.62	1:03:46	8:22	39	20:15	116	26:53	71.02	7:56:28	6:42	29	1:41:28	83	2:28:52
VP13 - Revierförs	6.21	45:52	7:23	29	10:07	81	17:02	77.23	8:42:20	6:45	29	1:49:20	82	2:45:54
VP14 - Brauhaus	6.00	51:20	8:33	59	18:19	174	22:47	83.23	9:33:40	6:53	29	2:06:35	83	3:08:41
VP15 - Gedenkst.	6.90	47:56	6:56	24	8:22	64	15:01	90.13	10:21:36	6:53	29	2:14:27	79	3:23:42
VP16 - Königswe	6.87	59:07	8:36	32	17:28	89	24:22	97.00	11:20:43	7:01	29	2:28:13	81	3:48:04
VP17 - Sportplatz	6.20	1:20:18	12:57	48	42:31	172	46:33	103.20	12:41:01	7:22	36	3:05:52	98	4:34:37
VP18 - Osdorfer	6.50	54:49	8:26	33	17:00	104	20:22	109.70	13:35:50	7:26	34	3:17:46	95	4:52:42
VP19 - Lichtenra	5.70	55:54	9:48	44	18:00	117	21:44	115.40	14:31:44	7:33	34	3:30:37	95	5:12:39
VP20 - Kirchhain	4.37	34:54	7:59	30	13:03	86	16:04	119.77	15:06:38	7:34	33	3:42:31	93	5:28:43
VP21 - Buckow	6.43	59:30	9:15	42	24:26	128	25:54	126.20	16:06:08	7:39	34	4:04:21	94	5:54:37
VP22 - Rudow	4.90	52:23	10:41	49	22:10	154	26:24	131.10	16:58:31	7:46	34	4:26:31	93	6:21:01
VP23 - Johannistl	5.90	1:06:27	11:15	50	31:25	157	34:52	137.00	18:04:58	7:55	35	4:57:56	98	6:55:53
VP24 - Dammwe	5.70	1:05:38	11:30	49	31:22	160	34:27	142.70	19:10:36	8:03	37	5:29:18	102	7:29:51
VP25 - East Side	5.80	1:15:52	13:04	49	35:21	167	38:55	148.50	20:26:28	8:15	38	6:04:39	108	8:06:15
VP26 - Checkpoir	5.28	50:57	9:38	51	25:54	177	29:24	153.78	21:17:25	8:18	39	6:30:33	115	8:33:09
VP27 - Gedenkst.	3.32	44:58	13:32	30	17:30	100	20:21	157.10	22:02:23	8:25	37	6:44:02	108	8:51:20
Friedrich-Ludwig	4.60	44:22	9:38	30	14:53	102	20:10	161.70	22:46:45	8:27	37	6:58:51	107	9:06:49