



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

BEHNKE, Oliver

Club: LG Mauerweg Berlin e.V.

Number: 311

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 23:15:16

Speed: 6.95 km/h

Running performance: 8:38 min/km

Rank in course/Total: 215 (of 459)

Rank in course/Men: 126 (of 302)

Best time in course: 13:39:56

Rank in category: 22(of 36)

Best time in the category: 14:37:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	46:23	6:41	22	13:01	148	15:22	6.94	46:23	6:41	22	13:01	148	15:22
VP2 - Laufftreff Li	5.69	39:09	6:52	23	12:25	158	15:04	12.63	1:25:32	6:46	22	25:26	147	30:26
VP3 - Oranienbur	5.74	37:06	6:27	21	11:55	157	13:00	18.37	2:02:38	6:40	20	37:21	147	43:26
VP4 - Naturschut	4.70	34:50	7:24	19	10:56	145	12:24	23.07	2:37:28	6:49	21	48:17	151	55:50
VP5 - Frohnau	6.80	44:29	6:32	20	11:52	133	15:34	29.87	3:21:57	6:45	20	1:00:09	148	1:11:24
VP6 - Ruderclub	4.06	28:18	6:58	18	7:55	85	10:11	33.93	3:50:15	6:47	19	1:08:04	138	1:21:32
VP7 - Grenzturm	4.75	31:59	6:44	18	7:43	108	10:16	38.68	4:22:14	6:46	19	1:15:28	132	1:31:48
VP8 - Schönwald	7.52	50:47	6:45	20	11:43	120	14:57	46.20	5:13:01	6:46	19	1:25:27	132	1:46:21
VP9 - Falkenseer	5.76	43:00	7:27	19	12:22	105	14:40	51.96	5:56:01	6:51	19	1:33:27	128	2:00:33
VP10 - Karolinenl	6.54	47:31	7:15	18	11:58	97	15:19	58.50	6:43:32	6:53	19	1:43:51	118	2:15:52
VP11 - Pagel & Fi	4.90	35:47	7:18	17	10:18	92	12:44	63.40	7:19:19	6:55	19	1:53:15	118	2:28:36
VP12 - Schloss S	7.62	1:35:58	12:35	31	55:39	251	59:05	71.02	8:55:17	7:32	22	2:47:09	153	3:27:41
VP13 - Revierförs	6.21	47:22	7:37	19	15:49	101	18:32	77.23	9:42:39	7:32	21	2:59:30	147	3:46:13
VP14 - Brauhaus	6.00	51:18	8:32	24	20:28	173	22:45	83.23	10:33:57	7:37	23	3:19:44	150	4:08:58
VP15 - Gedenkst.	6.90	49:52	7:13	16	15:39	85	16:57	90.13	11:23:49	7:35	22	3:34:57	141	4:25:55
VP16 - Königswe	6.87	1:15:31	10:59	24	37:27	193	40:46	97.00	12:39:20	7:49	23	4:11:14	150	5:06:41
VP17 - Sportplatz	6.20	1:20:17	12:56	24	46:17	171	46:32	103.20	13:59:37	8:08	23	4:57:25	156	5:53:13
VP18 - Osdorfer	6.50	50:11	7:43	14	15:31	64	15:44	109.70	14:49:48	8:06	23	5:12:56	146	6:06:40
VP19 - Lichtenra	5.70	56:04	9:50	19	21:46	118	21:54	115.40	15:45:52	8:11	23	5:34:42	143	6:26:47
VP20 - Kirchhain	4.37	37:29	8:34	20	16:54	114	18:39	119.77	16:23:21	8:12	23	5:51:36	141	6:45:26
VP21 - Buckow	6.43	53:55	8:23	16	19:53	82	20:19	126.20	17:17:16	8:13	23	6:10:56	137	7:05:45
VP22 - Rudow	4.90	43:01	8:46	15	15:44	72	17:02	131.10	18:00:17	8:14	22	6:25:03	132	7:22:47
VP23 - Johannistl	5.90	1:00:24	10:14	18	28:31	129	28:49	137.00	19:00:41	8:19	21	6:50:50	133	7:51:36
VP24 - Dammwe	5.70	1:04:26	11:18	24	32:23	154	33:15	142.70	20:05:07	8:26	23	7:22:24	136	8:24:22
VP25 - East Side	5.80	1:04:26	11:06	17	27:29	102	27:29	148.50	21:09:33	8:32	23	7:49:53	133	8:49:20
VP26 - Checkpoir	5.28	38:51	7:21	14	17:18	71	17:18	153.78	21:48:24	8:30	23	8:04:15	133	9:04:08
VP27 - Gedenkst.	3.32	42:34	12:49	12	17:44	79	17:57	157.10	22:30:58	8:35	22	8:18:52	126	9:19:55
Friedrich-Ludwig	4.60	44:18	9:37	14	20:06	101	20:06	161.70	23:15:16	8:37	22	8:37:41	126	9:35:20