



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

KNAPP, Matthias

Club: GutsMuths-Rennsteiglaufverein
Number: 321

Course: 161.70 km
100MeilenBerlin

Category:
Senioren M30 (30-34 Jahre)

Total time: 17:28:40

Speed: 9.21 km/h
Running performance: 6:29 min/km

Rank in course/Total: 69 (of 459)

Rank in course/Men: 22 (of 302)

Best time in course: 13:39:56

Rank in category: 2(of 14)

Best time in the category: 16:49:04

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	37:00	5:19	1	-	22	5:59	6.94	37:00	5:19	1	-	22	5:59
VP2 - Laufftreff Li	5.69	31:12	5:28	2	0:56	25	7:07	12.63	1:08:12	5:23	2	0:52	24	13:06
VP3 - Oranienbur	5.74	29:23	5:07	2	1:25	24	5:17	18.37	1:37:35	5:18	2	2:17	23	18:23
VP4 - Naturschut	4.70	28:40	6:05	4	2:12	36	6:14	23.07	2:06:15	5:28	2	4:29	24	24:37
VP5 - Frohnau	6.80	36:55	5:25	2	1:29	26	8:00	29.87	2:43:10	5:27	2	5:58	24	32:37
VP6 - Ruderclub	4.06	24:09	5:56	3	1:17	33	6:02	33.93	3:07:19	5:31	2	7:15	24	38:36
VP7 - Grenzturm	4.75	26:39	5:36	2	0:19	24	4:56	38.68	3:33:58	5:31	2	7:34	23	43:32
VP8 - Schönwald	7.52	42:23	5:38	2	0:02	25	6:33	46.20	4:16:21	5:32	2	4:38	24	49:41
VP9 - Falkenseer	5.76	34:39	6:00	4	2:32	28	6:19	51.96	4:51:00	5:36	2	7:10	26	55:32
VP10 - Karolinenl	6.54	37:22	5:42	1	-	18	5:10	58.50	5:28:22	5:36	2	5:19	22	1:00:42
VP11 - Pagel & Fi	4.90	29:32	6:01	3	2:35	24	6:29	63.40	5:57:54	5:38	3	7:54	23	1:07:11
VP12 - Schloss S	7.62	49:05	6:26	4	4:02	27	12:12	71.02	6:46:59	5:43	3	11:56	24	1:19:23
VP13 - Revierförs	6.21	37:02	5:57	1	-	18	8:12	77.23	7:24:01	5:44	2	11:22	22	1:27:35
VP14 - Brauhaus	6.00	36:08	6:01	3	2:22	24	7:35	83.23	8:00:09	5:46	2	13:44	22	1:35:10
VP15 - Gedenkst.	6.90	42:02	6:05	3	3:29	26	9:07	90.13	8:42:11	5:47	2	17:13	21	1:44:17
VP16 - Königswe	6.87	45:30	6:37	3	1:17	18	10:45	97.00	9:27:41	5:51	2	18:30	21	1:55:02
VP17 - Sportplatz	6.20	41:32	6:41	2	4:51	14	7:47	103.20	10:09:13	5:54	2	23:21	21	2:02:49
VP18 - Osdorfer	6.50	44:53	6:54	2	2:57	29	10:26	109.70	10:54:06	5:57	2	21:08	21	2:10:58
VP19 - Lichtenra	5.70	44:16	7:45	3	2:20	31	10:06	115.40	11:38:22	6:03	2	22:38	21	2:19:17
VP20 - Kirchhain	4.37	29:23	6:43	3	1:53	36	10:33	119.77	12:07:45	6:04	2	24:11	21	2:29:50
VP21 - Buckow	6.43	40:50	6:21	2	0:34	17	7:14	126.20	12:48:35	6:05	2	22:46	21	2:37:04
VP22 - Rudow	4.90	40:05	8:10	3	8:25	46	14:06	131.10	13:28:40	6:10	2	31:11	22	2:51:10
VP23 - Johannistl	5.90	40:10	6:48	2	1:49	18	8:35	137.00	14:08:50	6:11	2	33:00	21	2:59:45
VP24 - Dammwe	5.70	46:04	8:04	4	6:34	37	14:53	142.70	14:54:54	6:16	2	37:46	21	3:14:09
VP25 - East Side	5.80	51:23	8:51	3	9:13	33	14:26	148.50	15:46:17	6:22	2	40:49	22	3:26:04
VP26 - Checkpoir	5.28	33:46	6:23	3	3:21	37	12:13	153.78	16:20:03	6:22	2	42:13	22	3:35:47
VP27 - Gedenkst.	3.32	36:10	10:53	2	4:24	39	11:33	157.10	16:56:13	6:28	2	41:36	24	3:45:10
Friedrich-Ludwig	4.60	32:27	7:03	3	3:20	27	8:15	161.70	17:28:40	6:29	2	39:36	22	3:48:44