



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## Detailed evaluation

**MEIER, Rüdiger**

Club: (ohne)

Number: 328

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M55 (55-59 Jahre)

Total time: 28:12:43

Speed: 5.71 km/h

Running performance: 10:28 min/km

Rank in course/Total: 307 (of 459)

Rank in course/Men: 192 (of 302)

Best time in course: 13:39:56

Rank in category: 21(of 46)

Best time in the category: 13:39:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	47:01	6:46	11	16:00	155	16:00	6.94	47:01	6:46	11	16:00	155	16:00
VP2 - Laufftreff Li	5.69	39:23	6:55	16	15:18	166	15:18	12.63	1:26:24	6:50	11	31:18	156	31:18
VP3 - Oranienbur	5.74	38:11	6:39	18	14:05	174	14:05	18.37	2:04:35	6:46	13	45:23	163	45:23
VP4 - Naturschut	4.70	37:18	7:56	26	14:52	193	14:52	23.07	2:41:53	7:01	17	1:00:15	171	1:00:15
VP5 - Frohnau	6.80	47:26	6:58	21	18:31	178	18:31	29.87	3:29:19	7:00	18	1:18:46	174	1:18:46
VP6 - Ruderclub	4.06	36:53	9:05	25	18:43	203	18:46	33.93	4:06:12	7:15	20	1:37:29	176	1:37:29
VP7 - Grenzturm	4.75	35:01	7:22	20	13:18	170	13:18	38.68	4:41:13	7:16	19	1:50:47	177	1:50:47
VP8 - Schönwald	7.52	56:52	7:33	22	20:38	189	21:02	46.20	5:38:05	7:19	20	2:11:25	178	2:11:25
VP9 - Falkenseer	5.76	48:53	8:29	23	20:05	177	20:33	51.96	6:26:58	7:26	20	2:31:30	178	2:31:30
VP10 - Karolinenl	6.54	52:23	8:00	18	20:11	157	20:11	58.50	7:19:21	7:30	20	2:51:41	175	2:51:41
VP11 - Pagel & Fi	4.90	55:54	11:24	32	32:51	251	32:51	63.40	8:15:15	7:48	24	3:24:32	188	3:24:32
VP12 - Schloss S	7.62	1:26:35	11:21	29	49:42	232	49:42	71.02	9:41:50	8:11	24	4:14:14	196	4:14:14
VP13 - Revierförs	6.21	55:13	8:53	19	26:23	189	26:23	77.23	10:37:03	8:14	24	4:40:37	195	4:40:37
VP14 - Brauhaus	6.00	57:03	9:30	24	28:30	216	28:30	83.23	11:34:06	8:20	24	5:09:07	199	5:09:07
VP15 - Gedenkst.	6.90	1:03:40	9:13	20	30:45	199	30:45	90.13	12:37:46	8:24	24	5:39:52	200	5:39:52
VP16 - Königswe	6.87	1:28:18	12:51	28	53:33	232	53:33	97.00	14:06:04	8:43	24	6:33:25	205	6:33:25
VP17 - Sportplatz	6.20	1:11:27	11:31	18	37:42	139	37:42	103.20	15:17:31	8:53	22	7:11:07	192	7:11:07
VP18 - Osdorfer	6.50	1:10:19	10:49	20	33:35	176	35:52	109.70	16:27:50	9:00	21	7:44:42	190	7:44:42
VP19 - Lichtenra	5.70	1:09:53	12:15	23	33:56	194	35:43	115.40	17:37:43	9:09	21	8:18:38	188	8:18:38
VP20 - Kirchhain	4.37	45:10	10:20	18	26:20	172	26:20	119.77	18:22:53	9:12	20	8:44:58	186	8:44:58
VP21 - Buckow	6.43	1:14:42	11:37	20	41:06	181	41:06	126.20	19:37:35	9:19	20	9:26:04	185	9:26:04
VP22 - Rudow	4.90	1:04:08	13:05	24	38:09	198	38:09	131.10	20:41:43	9:28	20	10:04:13	187	10:04:13
VP23 - Johannistl	5.90	1:08:47	11:39	22	37:12	167	37:12	137.00	21:50:30	9:33	20	10:41:25	185	10:41:25
VP24 - Dammwe	5.70	1:16:24	13:24	24	44:44	199	45:13	142.70	23:06:54	9:43	20	11:26:09	183	11:26:09
VP25 - East Side	5.80	1:34:04	16:13	28	54:36	209	57:07	148.50	24:40:58	9:58	20	12:20:45	183	12:20:45
VP26 - Checkpoir	5.28	1:09:59	13:15	28	45:56	215	48:26	153.78	25:50:57	10:05	20	13:06:41	184	13:06:41
VP27 - Gedenkst.	3.32	1:11:41	21:35	28	44:54	215	47:04	157.10	27:02:38	10:19	21	13:51:35	191	13:51:35
Friedrich-Ludwig	4.60	1:10:05	15:14	28	41:12	212	45:53	161.70	28:12:43	10:28	21	14:32:47	192	14:32:47