



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

OLSEN, Lisbeth

Club: Team Royallan

Number: 345

Course: 161.70 km

100MeilenBerlin

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 28:39:21

Speed: 5.62 km/h

Running performance: 10:38 min/km

Rank in course/Total: 321 (of 459)

Rank in course/Women: 43 (of 72)

Best time in course: 17:20:20

Rank in category: 11(of 18)

Best time in the category: 20:27:00

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
VP1 - Wilhelmsru	6.94	49:07	7:04	9	7:03	39	12:10	6.94	49:07	7:04	9	7:03	39	12:10	
VP2 - Laufftreff Li	5.69	40:52	7:10	7	7:06	30	9:21	12.63	1:29:59	7:07	8	12:54	34	21:22	
VP3 - Oranienbur	5.74	39:38	6:54	7	6:49	35	9:11	18.37	2:09:37	7:03	7	19:43	33	30:23	
VP4 - Naturschut	4.70	37:53	8:03	9	5:57	39	9:37	23.07	2:47:30	7:15	7	25:40	32	39:30	
VP5 - Frohnau	6.80	48:19	7:06	6	6:44	31	11:42	29.87	3:35:49	7:13	7	29:28	32	50:18	
VP6 - Ruderclub	4.06	37:21	9:11	9	11:46	38	14:36	33.93	4:13:10	7:27	7	41:14	35	1:04:44	
VP7 - Grenzturm	4.75	35:25	7:27	7	3:28	30	9:17	38.68	4:48:35	7:27	8	43:56	36	1:14:01	
VP8 - Schönwald	7.52	59:08	7:51	9	11:34	39	16:47	46.20	5:47:43	7:31	7	50:02	34	1:30:48	
VP9 - Falkenseer	5.76	49:03	8:30	9	8:49	36	14:37	51.96	6:36:46	7:38	6	56:18	33	1:44:35	
VP10 - Karolinenl	6.54	1:04:39	9:53	14	18:48	53	25:18	58.50	7:41:25	7:53	8	1:15:00	38	2:08:51	
VP11 - Pagel & Fi	4.90	59:08	12:04	16	23:16	62	28:49	63.40	8:40:33	8:12	9	1:37:47	42	2:37:40	
VP12 - Schloss S	7.62	1:17:20	10:08	7	21:03	38	31:41	71.02	9:57:53	8:25	9	1:57:48	43	3:09:21	
VP13 - Revierförs	6.21	1:01:38	9:55	13	18:38	49	22:32	77.23	10:59:31	8:32	9	2:16:26	43	3:31:31	
VP14 - Brauhaus	6.00	57:41	9:36	11	17:16	45	21:56	83.23	11:57:12	8:37	9	2:33:42	42	3:49:58	
VP15 - Gedenkst.	6.90	1:05:03	9:25	9	15:00	39	23:48	90.13	13:02:15	8:40	9	2:48:42	42	4:05:50	
VP16 - Königswe	6.87	1:12:49	10:35	11	24:04	42	25:40	97.00	14:15:04	8:48	9	3:12:46	41	4:29:55	
VP17 - Sportplatz	6.20	2:11:15	21:10	15	1:08:25	54	1:26:22	103.20	16:26:19	9:33	12	4:19:07	44	5:49:16	
VP18 - Osdorfer	6.50	1:08:12	10:29	8	21:07	31	26:29	109.70	17:34:31	9:36	12	4:40:14	44	6:15:45	
VP19 - Lichtenra	5.70	1:12:41	12:45	9	25:12	43	31:20	115.40	18:47:12	9:46	11	5:05:26	43	6:45:49	
VP20 - Kirchhain	4.37	49:15	11:16	10	15:58	42	22:30	119.77	19:36:27	9:49	11	5:21:24	43	7:08:19	
VP21 - Buckow	6.43	1:48:25	16:51	14	56:48	54	1:06:44	126.20	21:24:52	10:10	11	6:17:43	44	8:15:03	
VP22 - Rudow	4.90	57:56	11:49	8	14:16	30	24:56	131.10	22:22:48	10:14	11	6:28:57	44	8:39:59	
VP23 - Johannistl	5.90	1:10:33	11:57	8	15:45	36	31:22	137.00	23:33:21	10:18	11	6:43:14	43	9:11:21	
VP24 - Dammwe	5.70	1:09:07	12:07	10	18:38	39	28:15	142.70	24:42:28	10:23	11	7:01:52	45	9:38:26	
VP25 - East Side	5.80	1:13:26	12:39	7	16:42	33	28:36	148.50	25:55:54	10:28	11	7:18:34	44	10:03:44	
VP26 - Checkpoir	5.28	49:11	9:18	10	11:53	38	18:58	153.78	26:45:05	10:26	11	7:30:27	44	10:22:42	
VP27 - Gedenkst.	3.32	54:43	16:28	8	18:36	36	27:25	157.10	27:39:48	10:33	11	7:49:03	44	10:50:07	
Friedrich-Ludwig	4.60	59:33	12:56	11	23:18	44	59:33	161.70	28:39:21	10:37	11	8:12:21	44	11:19:01	