



# 100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## Detailed evaluation

**LERNER, Dorit**

Club: Zone 3

Number: 348

Course: 161.70 km

100MeilenBerlin

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 20:57:56

Speed: 7.68 km/h

Running performance: 7:47 min/km

Rank in course/Total: 141 (of 459)

Rank in course/Women: 6 (of 72)

Best time in course: 17:20:20

Rank in category: 3(of 7)

Best time in the category: 19:25:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Wilhelmsru	6.94	50:37	7:17	6	8:50	48	13:40	6.94	50:37	7:17	6	8:50	48	13:40
VP2 - Laufftreff Li	5.69	43:04	7:34	6	9:21	45	11:33	12.63	1:33:41	7:25	6	18:11	47	25:04
VP3 - Oranienbur	5.74	39:43	6:55	5	7:18	38	9:16	18.37	2:13:24	7:15	6	23:41	44	34:10
VP4 - Naturschut	4.70	36:22	7:44	5	6:38	27	8:06	23.07	2:49:46	7:21	5	30:19	38	41:46
VP5 - Frohnau	6.80	46:37	6:51	3	7:45	25	10:00	29.87	3:36:23	7:14	5	38:04	33	50:52
VP6 - Ruderclub	4.06	29:59	7:23	3	2:00	20	7:14	33.93	4:06:22	7:15	4	40:04	30	57:56
VP7 - Grenzturm	4.75	34:37	7:17	3	5:59	25	8:29	38.68	4:40:59	7:15	4	46:03	28	1:06:25
VP8 - Schönwald	7.52	53:46	7:08	4	6:53	25	11:25	46.20	5:34:45	7:14	4	52:56	26	1:17:50
VP9 - Falkenseer	5.76	42:51	7:26	2	6:06	16	8:25	51.96	6:17:36	7:16	3	59:02	24	1:25:25
VP10 - Karolinenl	6.54	48:27	7:24	3	3:47	16	9:06	58.50	7:06:03	7:16	3	1:02:49	22	1:33:29
VP11 - Pagel & Fi	4.90	36:22	7:25	3	1:04	18	6:03	63.40	7:42:25	7:17	3	1:03:53	22	1:39:32
VP12 - Schloss S	7.62	56:12	7:22	1	-	6	10:33	71.02	8:38:37	7:18	3	59:52	21	1:50:05
VP13 - Revierförs	6.21	47:23	7:37	3	4:05	15	8:17	77.23	9:26:00	7:19	3	1:03:57	20	1:58:00
VP14 - Brauhaus	6.00	42:09	7:01	3	3:39	12	6:24	83.23	10:08:09	7:18	3	1:07:36	20	2:00:55
VP15 - Gedenkst.	6.90	50:19	7:17	3	6:54	9	9:04	90.13	10:58:28	7:18	3	1:14:30	18	2:02:03
VP16 - Königswe	6.87	51:09	7:26	1	-	4	4:00	97.00	11:49:37	7:18	3	1:14:29	13	2:04:28
VP17 - Sportplatz	6.20	44:53	7:14	1	-	1	-	103.20	12:34:30	7:18	3	48:36	13	1:57:27
VP18 - Osdorfer	6.50	48:49	7:30	3	7:03	7	7:06	109.70	13:23:19	7:19	3	55:39	10	2:04:33
VP19 - Lichtenra	5.70	49:35	8:41	3	8:14	9	8:14	115.40	14:12:54	7:23	3	1:03:53	9	2:11:31
VP20 - Kirchhain	4.37	30:42	7:01	2	1:23	5	3:57	119.77	14:43:36	7:22	3	59:46	9	2:15:28
VP21 - Buckow	6.43	51:08	7:57	3	4:51	6	9:27	126.20	15:34:44	7:24	3	1:03:02	8	2:24:55
VP22 - Rudow	4.90	39:59	8:09	3	5:18	6	6:59	131.10	16:14:43	7:26	3	1:08:20	8	2:31:54
VP23 - Johannistl	5.90	48:26	8:12	2	6:04	5	9:15	137.00	17:03:09	7:28	3	59:56	7	2:41:09
VP24 - Dammwe	5.70	51:00	8:56	2	6:23	7	10:08	142.70	17:54:09	7:31	3	55:07	7	2:50:07
VP25 - East Side	5.80	1:01:11	10:32	3	16:21	12	16:21	148.50	18:55:20	7:38	3	1:10:55	7	3:03:10
VP26 - Checkpoir	5.28	39:48	7:32	2	3:22	12	9:35	153.78	19:35:08	7:38	3	1:14:17	6	3:12:45
VP27 - Gedenkst.	3.32	42:31	12:48	3	11:53	12	15:13	157.10	20:17:39	7:45	3	1:26:10	7	3:27:58
Friedrich-Ludwig	4.60	40:17	8:45	3	7:46	12	40:17	161.70	20:57:56	7:46	3	1:32:52	6	3:37:36