



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

BROSH, Shalev

Club: Magic Runners

Number: 350

Course: 161.70 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 16:42:45

Speed: 9.68 km/h

Running performance: 6:12 min/km

Rank in course/Total: 50 (of 459)

Rank in course/Men: 15 (of 302)

Best time in course: 13:39:56

Rank in category: 5(of 36)

Best time in the category: 14:37:35

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Wilhelmsru	6.94	37:22	5:23	6	4:00	28	6:21	6.94	37:22	5:23	6	4:00	28	6:21
VP2 - Laufftreff Li	5.69	30:54	5:25	6	4:10	23	6:49	12.63	1:08:16	5:24	6	8:10	25	13:10
VP3 - Oranienbur	5.74	29:21	5:06	5	4:10	23	5:15	18.37	1:37:37	5:18	6	12:20	25	18:25
VP4 - Naturschut	4.70	27:03	5:45	6	3:09	21	4:37	23.07	2:04:40	5:24	6	15:29	22	23:02
VP5 - Frohnau	6.80	35:06	5:09	6	2:29	19	6:11	29.87	2:39:46	5:20	6	17:58	20	29:13
VP6 - Ruderclub	4.06	21:46	5:21	5	1:23	13	3:39	33.93	3:01:32	5:21	6	19:21	20	32:49
VP7 - Grenzturm	4.75	25:29	5:21	6	1:13	17	3:46	38.68	3:27:01	5:21	6	20:15	20	36:35
VP8 - Schönwald	7.52	41:38	5:32	7	2:34	19	5:48	46.20	4:08:39	5:22	6	21:05	18	41:59
VP9 - Falkenseer	5.76	32:44	5:40	5	2:06	17	4:24	51.96	4:41:23	5:24	6	18:49	19	45:55
VP10 - Karolinenl	6.54	37:25	5:43	5	1:52	20	5:13	58.50	5:18:48	5:26	6	19:07	17	51:08
VP11 - Pagel & Fi	4.90	27:33	5:37	5	2:04	14	4:30	63.40	5:46:21	5:27	6	20:17	17	55:38
VP12 - Schloss S	7.62	44:33	5:50	5	4:14	15	7:40	71.02	6:30:54	5:30	6	22:46	17	1:03:18
VP13 - Revierförs	6.21	37:16	6:00	5	5:43	19	8:26	77.23	7:08:10	5:32	6	25:01	16	1:11:44
VP14 - Brauhaus	6.00	33:23	5:33	5	2:33	15	4:50	83.23	7:41:33	5:32	6	27:20	16	1:16:34
VP15 - Gedenkst.	6.90	40:35	5:52	7	6:22	20	7:40	90.13	8:22:08	5:34	5	33:16	15	1:24:14
VP16 - Königswe	6.87	41:19	6:00	4	3:15	6	6:34	97.00	9:03:27	5:36	5	35:21	15	1:30:48
VP17 - Sportplatz	6.20	35:02	5:39	3	1:02	4	1:17	103.20	9:38:29	5:36	5	36:17	13	1:32:05
VP18 - Osdorfer	6.50	38:58	5:59	4	4:18	11	4:31	109.70	10:17:27	5:37	5	40:35	12	1:34:19
VP19 - Lichtenra	5.70	37:56	6:39	4	3:38	8	3:46	115.40	10:55:23	5:40	5	44:13	12	1:36:18
VP20 - Kirchhain	4.37	23:00	5:15	5	2:25	9	4:10	119.77	11:18:23	5:39	5	46:38	12	1:40:28
VP21 - Buckow	6.43	36:57	5:44	4	2:55	8	3:21	126.20	11:55:20	5:40	5	49:00	12	1:43:49
VP22 - Rudow	4.90	30:40	6:15	4	3:23	9	4:41	131.10	12:26:00	5:41	5	50:46	12	1:48:30
VP23 - Johannistl	5.90	40:44	6:54	6	8:51	21	9:09	137.00	13:06:44	5:44	5	56:53	12	1:57:39
VP24 - Dammwe	5.70	42:54	7:31	6	10:51	24	11:43	142.70	13:49:38	5:48	5	1:06:55	13	2:08:53
VP25 - East Side	5.80	48:48	8:24	6	11:51	22	11:51	148.50	14:38:26	5:54	5	1:18:46	13	2:18:13
VP26 - Checkpoir	5.28	37:21	7:04	12	15:48	59	15:48	153.78	15:15:47	5:57	5	1:31:38	13	2:31:31
VP27 - Gedenkst.	3.32	51:43	15:34	22	26:53	155	27:06	157.10	16:07:30	6:09	5	1:55:24	15	2:56:27
Friedrich-Ludwig	4.60	35:15	7:39	9	11:03	44	11:03	161.70	16:42:45	6:12	5	2:05:10	15	3:02:49