



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailed evaluation

CONRAD, Kerstin

Club: Team Erdinger Alkoholfrei
Number: 59

Course: 161.70 km
100MeilenBerlin

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 23:19:09

Speed: 6.90 km/h
Running performance: 8:39 min/km

Rank in course/Total: 216 (of 459)

Rank in course/Women: 16 (of 72)

Best time in course: 17:20:20

Rank in category: 3(of 17)

Best time in the category: 17:50:34

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Wilhelmsru	6.94	44:48	6:27	6	7:29	19	7:51	6.94	44:48	6:27	6	7:29	19	7:51
VP2 - Laufftreff Li	5.69	36:59	6:29	6	5:28	16	5:28	12.63	1:21:47	6:28	6	12:57	17	13:10
VP3 - Oranienbur	5.74	36:00	6:16	4	5:33	17	5:33	18.37	1:57:47	6:24	6	18:30	16	18:33
VP4 - Naturschut	4.70	33:24	7:06	4	5:08	14	5:08	23.07	2:31:11	6:33	5	22:31	14	23:11
VP5 - Frohnau	6.80	44:48	6:35	5	8:11	16	8:11	29.87	3:15:59	6:33	4	30:18	14	30:28
VP6 - Ruderclub	4.06	29:43	7:19	5	6:58	17	6:58	33.93	3:45:42	6:39	5	37:16	15	37:16
VP7 - Grenzturm	4.75	32:25	6:49	6	6:17	15	6:17	38.68	4:18:07	6:40	5	43:33	15	43:33
VP8 - Schönwald	7.52	51:25	6:50	6	9:04	15	9:04	46.20	5:09:32	6:41	5	52:37	14	52:37
VP9 - Falkenseer	5.76	44:52	7:47	7	10:26	24	10:26	51.96	5:54:24	6:49	5	1:02:13	15	1:02:13
VP10 - Karolinenl	6.54	49:12	7:31	6	9:51	18	9:51	58.50	6:43:36	6:53	5	1:11:02	17	1:11:02
VP11 - Pagel & Fi	4.90	37:24	7:37	7	7:05	21	7:05	63.40	7:21:00	6:57	6	1:18:07	19	1:18:07
VP12 - Schloss S	7.62	59:33	7:48	5	13:54	15	13:54	71.02	8:20:33	7:02	5	1:32:01	15	1:32:01
VP13 - Revierförs	6.21	49:01	7:53	7	9:33	22	9:55	77.23	9:09:34	7:06	5	1:41:34	15	1:41:34
VP14 - Brauhaus	6.00	44:29	7:24	6	6:50	17	8:44	83.23	9:54:03	7:08	4	1:46:49	13	1:46:49
VP15 - Gedenkst.	6.90	51:16	7:25	2	10:01	12	10:01	90.13	10:45:19	7:09	4	1:48:54	12	1:48:54
VP16 - Königswe	6.87	1:02:51	9:08	4	13:54	20	15:42	97.00	11:48:10	7:18	3	2:02:48	12	2:03:01
VP17 - Sportplatz	6.20	1:11:48	11:34	5	21:21	24	26:55	103.20	12:59:58	7:33	3	2:20:34	17	2:22:55
VP18 - Osdorfer	6.50	55:29	8:32	4	12:08	17	13:46	109.70	13:55:27	7:36	3	2:32:42	14	2:36:41
VP19 - Lichtenra	5.70	57:57	10:09	5	15:44	23	16:36	115.40	14:53:24	7:44	3	2:48:26	15	2:52:01
VP20 - Kirchhain	4.37	43:05	9:51	4	13:07	23	16:20	119.77	15:36:29	7:49	3	3:01:33	15	3:08:21
VP21 - Buckow	6.43	1:01:27	9:33	3	18:16	20	19:46	126.20	16:37:56	7:54	3	3:19:49	14	3:28:07
VP22 - Rudow	4.90	49:16	10:03	4	15:51	19	16:16	131.10	17:27:12	7:59	3	3:35:40	15	3:44:23
VP23 - Johannistl	5.90	1:00:21	10:13	4	14:37	20	21:10	137.00	18:27:33	8:05	3	3:50:17	16	4:05:33
VP24 - Dammwe	5.70	1:02:27	10:57	5	19:56	26	21:35	142.70	19:30:00	8:11	3	4:10:13	16	4:25:58
VP25 - East Side	5.80	1:15:57	13:05	8	25:16	41	31:07	148.50	20:45:57	8:23	3	4:35:29	17	4:53:47
VP26 - Checkpoir	5.28	47:54	9:04	7	16:07	32	17:41	153.78	21:33:51	8:24	3	4:51:36	17	5:11:28
VP27 - Gedenkst.	3.32	51:36	15:32	7	16:09	31	24:18	157.10	22:25:27	8:33	3	5:07:45	18	5:35:46
Friedrich-Ludwig	4.60	53:42	11:40	7	20:50	36	53:42	161.70	23:19:09	8:39	3	5:28:35	17	5:58:49