



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**ERNST, Swantje**

Club: Hufeland Klinikum GmbH  
Number: 1031

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 25:38

Speed: 11.70 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 64 (of 251)

Rank in course/Women: 13 (of 110)

Best time in course: 22:01

Rank in category: 3(of 11)

Best time in the category: 23:27