



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

Rang, Christian

Number: 1266

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 27:21

Speed: 10.97 km/h

Running performance: 5:28 min/km

Rank in course/Total: 98 (of 251)

Rank in course/Men: 73 (of 141)

Best time in course: 18:14

Rank in category: 6(of 13)

Best time in the category: 23:43