



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

Heller, Maik

Club: Schmalkalden
Number: 1964

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 50:57

Speed: 14.13 km/h
Running performance: 4:05 min/km

Rank in course/Total: 9 (of 246)

Rank in course/Men: 9 (of 190)

Best time in course: 41:16

Rank in category: 4(of 22)

Best time in the category: 41:16