



## 3Türmelauf

Bad Langensalza / 30.04.2017

### Detailed evaluation

**MÜNCH, Heiko**

Club: sc impuls Erfurt

Number: 1821

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 52:15

Speed: 13.78 km/h

Running performance: 4:11 min/km

Rank in course/Total: 15 (of 246)

Rank in course/Men: 15 (of 190)

Best time in course: 41:16

Rank in category: 2(of 21)

Best time in the category: 49:46