



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

DEMBECK, Nils

Club: DaRoTel
Number: 1730

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 52:05

Speed: 14.40 km/h
Running performance: 4:10 min/km

Rank in course/Total: 14 (of 246)

Rank in course/Men: 14 (of 190)

Best time in course: 41:16

Rank in category: 1(of 24)

Best time in the category: 52:05