



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

PREHL, Heiko

Club: Salza-Gymnasium

Number: 1834

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 53:36

Speed: 13.43 km/h

Running performance: 4:17 min/km

Rank in course/Total: 23 (of 246)

Rank in course/Men: 22 (of 190)

Best time in course: 41:16

Rank in category: 5(of 21)

Best time in the category: 49:46