



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

LIENERT, Michael

Club: -

Number: 1803

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 54:22

Speed: 13.24 km/h

Running performance: 4:21 min/km

Rank in course/Total: 31 (of 246)

Rank in course/Men: 30 (of 190)

Best time in course: 41:16

Rank in category: 8(of 22)

Best time in the category: 41:16