



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

Ernst, Alexander

Club: Salzabiker e. V.
Number: 1915

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 54:37

Speed: 13.18 km/h
Running performance: 4:22 min/km

Rank in course/Total: 34 (of 246)

Rank in course/Men: 33 (of 190)

Best time in course: 41:16

Rank in category: 2(of 21)

Best time in the category: 53:51