



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

Liebe, Kai-Uwe

Club: Laufiebe
Number: 1956

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 57:38

Speed: 12.49 km/h
Running performance: 4:37 min/km

Rank in course/Total: 53 (of 246)

Rank in course/Men: 51 (of 190)

Best time in course: 41:16

Rank in category: 10(of 29)

Best time in the category: 45:09