



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

Krtschil, Heiko

Club: FSV 78 Burgtonna

Number: 1938

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:01:25

Speed: 12.21 km/h

Running performance: 4:55 min/km

Rank in course/Total: 87 (of 246)

Rank in course/Men: 80 (of 190)

Best time in course: 41:16

Rank in category: 14(of 29)

Best time in the category: 45:09