



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

HERWIG, Sandra

Club: Hufeland Klinikum GmbH

Number: 1764

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:01:35

Speed: 12.18 km/h

Running performance: 4:56 min/km

Rank in course/Total: 89 (of 246)

Rank in course/Women: 8 (of 56)

Best time in course: 52:30

Rank in category: 2(of 7)

Best time in the category: 59:36