



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**THON, Rico**

Club: -

Number: 1897

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 59:31

Speed: 12.60 km/h

Running performance: 4:46 min/km

Rank in course/Total: 69 (of 246)

Rank in course/Men: 65 (of 190)

Best time in course: 41:16

Rank in category: 8(of 21)

Best time in the category: 53:51