



3Türmelauf  
Bad Langensalza / 30.04.2017

Detailed evaluation

Alert, Lisa

Club: Die Flinken Gerataler  
Number: 1951

Course: 12.50 km  
12,5 km -Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 1:02:24

Speed: 11.54 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 98 (of 246)

Rank in course/Women: 10 (of 56)

Best time in course: 52:30

Rank in category: 2(of 14)

Best time in the category: 55:47