



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

KÄSTNER, Bernd

Club: Kegelerverein Bad Langensalza e.V.

Number: 1776

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:02:36

Speed: 11.50 km/h

Running performance: 5:01 min/km

Rank in course/Total: 99 (of 246)

Rank in course/Men: 89 (of 190)

Best time in course: 41:16

Rank in category: 5(of 16)

Best time in the category: 53:54