



## 3Türmelauf

Bad Langensalza / 30.04.2017

### Detailed evaluation

**GRÄBEDÜNKEL, Andreas**

Club: Hufeland Klinikum GmbH

Number: 1750

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:00:18

Speed: 11.94 km/h

Running performance: 4:49 min/km

Rank in course/Total: 78 (of 246)

Rank in course/Men: 72 (of 190)

Best time in course: 41:16

Rank in category: 4(of 16)

Best time in the category: 53:54