



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

HELBIG, Diethard

Club: Bad Langensalza
Number: 1758

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:05:06

Speed: 11.06 km/h
Running performance: 5:13 min/km

Rank in course/Total: 131 (of 246)

Rank in course/Men: 117 (of 190)

Best time in course: 41:16

Rank in category: 4(of 9)

Best time in the category: 54:24