



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

LADENBERGER, Nico

Club: Salza-Gymnasium
Number: 1798

Course: 12.50 km
12,5 km -Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 1:05:37

Speed: 10.97 km/h
Running performance: 5:15 min/km

Rank in course/Total: 135 (of 246)

Rank in course/Men: 120 (of 190)

Best time in course: 41:16

Rank in category: 5(of 5)

Best time in the category: 52:00