



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**TECHNAU, André**

Club: Thamsbrücker SV 1922  
Number: 1868

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:05:41

Speed: 11.42 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 137 (of 246)

Rank in course/Men: 122 (of 190)

Best time in course: 41:16

Rank in category: 23(of 29)

Best time in the category: 45:09