



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

WASZAK, Natascha

Club: Team Physiotherapie Ute Zöllner

Number: 1880

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:07:24

Speed: 10.68 km/h

Running performance: 5:23 min/km

Rank in course/Total: 153 (of 246)

Rank in course/Women: 20 (of 56)

Best time in course: 52:30

Rank in category: 3(of 7)

Best time in the category: 1:00:23