



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**DEUBNER, Silvio**

Club: FSV 78 Burgtonna  
Number: 1731

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:08:47

Speed: 10.47 km/h  
Running performance: 5:30 min/km

Rank in course/Total: 162 (of 246)

Rank in course/Men: 140 (of 190)

Best time in course: 41:16

Rank in category: 27(of 29)

Best time in the category: 45:09