



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

GÖRING, Matthias

Club: -

Number: 1749

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:10:29

Speed: 10.22 km/h

Running performance: 5:38 min/km

Rank in course/Total: 172 (of 246)

Rank in course/Men: 148 (of 190)

Best time in course: 41:16

Rank in category: 6(of 9)

Best time in the category: 54:24