



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

WERLICH, Gerhard

Club: SV Thuringia Königsee

Number: 1887

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:12:52

Speed: 9.88 km/h

Running performance: 5:50 min/km

Rank in course/Total: 190 (of 246)

Rank in course/Men: 160 (of 190)

Best time in course: 41:16

Rank in category: 12(of 16)

Best time in the category: 53:54