



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

HAHN, Silke

Club: -

Number: 1755

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:13:10

Speed: 10.25 km/h

Running performance: 5:51 min/km

Rank in course/Total: 196 (of 246)

Rank in course/Women: 32 (of 56)

Best time in course: 52:30

Rank in category: 4(of 9)

Best time in the category: 1:07:38