



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

DEMBECK, Katja

Club: DaRoTel
Number: 1729

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:13:40

Speed: 10.18 km/h
Running performance: 5:53 min/km

Rank in course/Total: 199 (of 246)

Rank in course/Women: 35 (of 56)

Best time in course: 52:30

Rank in category: 5(of 7)

Best time in the category: 1:00:23