



3Türmelauf  
Bad Langensalza / 30.04.2017

Detailed evaluation

**STIEDING, Annett**

Club: BSG Sparkasse UH e.V.  
Number: 1866

Course: 12.50 km  
12,5 km -Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:13:40

Speed: 9.77 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 200 (of 246)

Rank in course/Women: 35 (of 56)

Best time in course: 52:30

Rank in category: 5(of 9)

Best time in the category: 1:07:38