



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

FEJA, Ralf

Club: 1.SGV Mühlhausen
Number: 1739

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:13:46

Speed: 9.76 km/h
Running performance: 5:54 min/km

Rank in course/Total: 203 (of 246)

Rank in course/Men: 166 (of 190)

Best time in course: 41:16

Rank in category: 14(of 16)

Best time in the category: 53:54