



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

ROGGE, Uwe

Club: Laufteam TMP

Number: 1843

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:14:12

Speed: 9.70 km/h

Running performance: 5:56 min/km

Rank in course/Total: 205 (of 246)

Rank in course/Men: 167 (of 190)

Best time in course: 41:16

Rank in category: 17(of 21)

Best time in the category: 49:46