



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

SEIFFERT, Ewa

Club: Laufgruppe TEAG

Number: 1862

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:15:24

Speed: 9.95 km/h

Running performance: 6:02 min/km

Rank in course/Total: 210 (of 246)

Rank in course/Women: 40 (of 56)

Best time in course: 52:30

Rank in category: 6(of 7)

Best time in the category: 59:20